

The
Elk Point

REVIEW

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Tuesday, June 6 1995

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Beef Show

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HEINSBURG'S CLASS OF '95 - left to right: Tanya Fayant, Kelly Krider, Edlyn Smuk, Gary Bowman, Denise Bendixen, Charles Daniels, Tania Peters, Aaron Tremblay, Janet Sanders, and Julian Durocher.

Hard to say goodbye to Heinsburg High

Heinsburg High School's Class of 1995 acknowledged that "it's so hard to say goodbye to yesterday..." at their Farewell Ceremonies last Friday night, which started with a sumptuous banquet at the community hall, moved to the school auditorium for the exercises, and back to the hall for the dance.

The banquet began with grace by Rick Peters, and concluded with a series of toasts. Aaron Tremblay toasted the parents "for getting us up in the morning, lending us the car and giving us cash to go to the movies," among other things, with the reply by Karen Abraham wishing all of the grads good health and happiness, and reminding them, "now it is up to you to decide what your future will hold." Charles Daniels toasted the school staff, "who allowed us to express our individuality," with a reply by Adrian Kiss, who told the grads "we'll always be friends." Sheri

Durnin MC'd the banquet.

Mistress of Ceremonies Monique Garnier opened proceedings at the school, with her original poem introducing each member of the class as they entered the gymnasium and took their place on stage. Following O Canada by Sheri Durnin, Dewberry vocalist Nathan Brown entertained with a solo echoing the class theme, "It's so hard to say goodbye to yesterday."

Tanya Fayant gave the invocation, saying that "we always knew the others would be there for us... Our heroes lie not only within ourselves, but within each other."

MLA Paul Langevin brought greetings from the Alberta government, and said of the theme, "it's not that hard [to say goodbye] if you take part of yesterday with you. Take what you learned in school, in your family, and in your community, and tomorrow will be a lot easier." He presented a memento to each

graduand.

Valedictorian Edlyn Smuk noted that "today is our day, tomorrow is our future. Today, this minute, this second, is the turning point of our lives..." She thanked her friends who have been with her through good and bad times, and have built friendships never to be forgotten, the teachers, who were patient and helpful, and the parents, who "were always by our side when we needed you. I pray you will be there through our future endeavors." In the future, "each of us will face our own challenges and changes, but the past won't be forgotten."

The tradition of passing on the school colors was undertaken by Tanya Fayant, who presented the framed message to Grade 11 student David Skolarchuk.

Fishing Lake Settlement Chairman Herb Lehr and Mrs. Christina Desjarlais of the Fishing Lake Seniors brought

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Community Health Council moving ahead

Representatives of a number of agencies and groups in Elk Point and area met with the Chamber of Commerce steering committee on the formation of a community health council last week, and agreed that work should continue toward developing a mandate and roles for the proposed council.

Marvin Bjornstad, a member of the steering committee who is also a member of the soon-to-be-dissolved hospital board, said the committee is looking at how the reorganization of health care in Alberta into 17 regional boards is going. He noted that the formation of community health councils was mentioned early in the regionalization process, and that some information is now available regarding potentials for accountability, roles and responsibilities, establishment, resources and support for this type of body.

Sid Holthe, who chairs the steering committee, looked back to the community response to the Lakeland Regional Health Authority's discussion paper which would have ended acute care in Elk Point, and said that this response was integral in causing the LRHA to take another look at the situation and subse-

quently agreeing to accept a proposal from Elk Point Hospital to keep some active care beds in place. Holthe remarked that the community is "very appreciative of the continued acute care."

Barb Kaufman, coordinator of clinical and health services at the Health Centre, is also a member of the steering committee. She explained that the new region was given a dollar figure with which they had to determine how to provide health care in the region. From a starting point of \$88 million in 1994-95, that figure was reduced to \$81 million for the current fiscal year, and down to \$78 million for 1996-97. An additional \$2 million was lost in adjustments to acute care funding and long term care funding, and more to the reallocation of money to increased levels of home care, bringing the net loss to \$11.5 million for the current year, and another \$3 million next year.

Ms Kaufman also outlined the corporate structure of the region, which has a clinical coordinator such as herself in charge of each facility. Staff layoffs in Elk Point are now complete, although she acknowledged that "there are no guarantees in life. Hopefully, with a

(Continued on Page 2)

Town budget on hold

Council still was unable to finalize the Town of Elk Point's 1995 budget and set the mill rate last Monday night, due to a wait for the M. D. of St. Paul Foundation's funding requisition.

Instead, the special meeting was used to go over the contents of the budget and fine-tune the details, making final decisions on expenditures and how to cope with shrinking grants. Mayor Ed Buck said that the Town will either have to increase taxes or cut services in future years as the grants continue to get smaller.

Although the Town no longer has a recreation department, funding is still allotted to recreation. This year, the Town plans to give a \$5000 grant to the Arena Operating Committee's Debt Reduction Fund, \$3000 each in operating grants to the A. G. Ross Arena and the Golf Club, and \$1000 to the Curling Club. Council decided to put the remainder of the recreation allotment up for grabs by other recreational groups, who may apply for this funding and put it toward capital projects.

Main Street Happy Daze a big hit

The decision to move the Elk Point Auto Club's annual car show to downtown Elk Point and to combine it with sidewalk sales, music and fun for the whole family proved to be a major hit with shoppers and strollers on Saturday.

Families, seniors and out of town visitors gravitated to the downtown area to enjoy the exciting event. Three blocks of Main Street were lined with the finest in automotive history, from Roy Radies' unique 1928 Ford convertible truck and Don Maltais' 1929 Essex car to Ken Astill's rare 1975 Bricklin and a posh 1978 Lincoln Continental. The location brought out even more viewers than usual, to enjoy a stroll past the handsome vehicles, peer under hoods, and indulge in a little nostalgia.

Even more nostalgia was on hand, with store staffs dressed in 1950s garb of ponytails and rolled-up jeans, and even high school sweaters and roller

skates.

At the north end of the three block stretch, another form of transportation shared the spotlight with Ron and Sharon Smith's 1958 Edsel and a very rare 1946 Hudson 3/4 ton truck. Elk Point Radio Controlled Aircraft Club brought along 26 aircraft of various sizes and designs, much to the viewers' delight.

All those attending the car show were invited to vote for their favorites, with the votes tabulated for a number of trophies awarded at the conclusion of the show.

The People's Choice award, sponsored by Elk Point Auto Club, went to Bob Lee's bright yellow 1929 DeSoto. Lee's car also won first place in the Antique category, sponsored by Leeway Heavy Oil, while another perennial favorite, Larry Demchuk's 1933 Ford coupe, won the second place trophy sponsored by Dan's Auto Body.

Only one Convertible was entered, but Glenn and Shirley Harms' gleaming metallic black '66 Chevelle with white leather interior would have won the Elk Point Insurance trophy for sure, anyway. A second place trophy was offered by Tom Cat Trucking.

There was also only one entry in the Modified vehicles, a gorgeous 1940 Ford 4-Door Deluxe entered by L. Nordquist of Lloydminster, which won an award from Northern Valley Store. Lloydminster Heavy Crude sponsored a second place trophy.

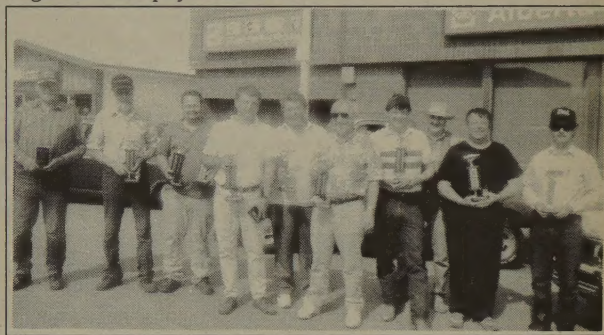
Among the first time entries at the show was an unusual 1958 Chev Cameo Carrier which won the Trucks division trophy from Quality Tools for proud owner Mike Drozdowski of Edmonton. Second place went to Ron and Sharon Smith for their 1944 Ford 2-Ton, with their trophy sponsored by B & D Industrial.

Gunther May took top billing in the Show category with his deep burgundy '57 Chevy, winning the Woody's Trophy and Gift award. Pat Fontaine of Edmonton took second with a '56 Chev Bel Air for the Harold Lefebvre trophy.

A new category was added this year for Post '60 vehicles. Dave Krill of Westlock won this one with his '65 GTO, taking home a trophy from Home

Town Grocers. He also won the Farthest Away award. Second place in the Post '60s, and a trophy from The Mystery Man, went to Richard Meyenburg's '68 Camaro. Meyenburg holds the distinction of having entered every one of the EPAC shows, which started in 1988.

A plaque for the Oldest Vehicle went to Roy Radies, for his 1928 Ford truck.



CAR SHOW WINNERS -helped to provide a great display for the enjoyment of a large crowd of spectators.

Community Health Council moving ahead

(Continued from Front Page)

community health council, we can make [the end to layoffs] happen."

Chamber of Commerce President Victor Stepa said the state of health care has been a concern of the Chamber for several years, and that at the April 18 Chamber meeting, Sid Holthe lobbied for the start of a community health council. Stepa, Bjornstad, Town Manager Curt Svendsen, former Director of Nursing Colleen Simon and Health Unit representative Lois Sheplaw on April 27, when the steering committee set its roles and objectives, and notified the Regional Health Authority of their intention to prepare for the formation of a health council. They also formulated roles and objectives, and determined the composition for the proposed council, and decided to meet with representatives of organizations which they felt should make up the council. Ms Kaufman filled the vacancy on the steering committee created when Ms Simon left the hospital.

The new clinical coordinator has had some experience with the formation of the Tri-Town Community Health Council, which has been underway for approximately a year. Other CHCs in formative stages are Lac La Biche, St. Paul and Fort Saskatchewan.

Holthe said that "changes

occur quickly, and we want something in place." He attended a public meeting of the Lakeland Regional Health Authority and asked for guidelines on forming a CHC, but was told there are no instructions from the Minister of Health regarding this. However, CEO Don Carly "unofficially encouraged us to proceed," Holthe said.

No one is sure at this point if communities will be allowed to have individual health councils, or whether they will be asked to become part of larger divisional councils, "but we hope the Minister will accept what we want to do," Holthe said. Boundaries for the Elk Point health unit area, which stretches east to Ferguson Flats, Frog Lake and Heinsburg, west to the Stoney Lake area, north to Shamrock Valley and south to the river, plus a small area south of the river, were outlined by Lois Sheplaw, and Holthe felt these would be good boundaries for the council as well.

Marvin Bjornstad said there has been confusion on what was meant by 'community' but that there is a definite need for communication with and input to the RHA. "What it boils down to is a partnership between the community and the Regional Health Authority." He feels council members should represent the geographical area, and be

involved in the field of health care or in user groups, such as seniors associations. He sees information going to the RHA through a larger regional health council eventually, but in the interim, it could go directly to the RHA.

Barb Kaufman spoke on the community linkage aspect, and said she had been involved in the Tri-Town Health Council as a consumer that would use health services, rather than as a professional. "They started a steering committee like this, and have been meeting since September." However, she says, "it really hasn't evolved" to this point. "It's really important that we have some sort of council. The more we can make it a community focus, the better."

County of St. Paul councillor Ray Danyluk sees the need for such a council. "Presently, the Regional Authority has no rebound board out hers. They don't have response from anybody except professionals. Even if [the CHC] is not recognized, we should go ahead."

Holthe told those present that it is their job to go back and relate what they have heard to their group, and bring back input and suggestions regarding mandate, parameters and linkage to a further meeting, to which the public may be invited if progress is deemed sufficient.

Sizzling Live Music!!

Ice Cold Beer!

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The Alberta Metis Settlements Census



June 10 - 21, 1995

The Metis Settlements General Council in cooperation with the individual Settlement Councils will be conducting a Census on the Settlements between June 11-21, 1995.

Be a part of it and be counted!

FCSS News

Seniors: a strength for the family

We often get so caught up in our day-to-day activities... that we tend to forget about the past and the strength and effort it took to get us where we are today. Seniors' Week is an opportunity to recognize the enormous contributions made by seniors to strengthen our families, our community, and our province as a whole.

The theme of Seniors' Week is "Take Time To Remember." We are fortunate to have 230,550 seniors living in our province, and it is easy to see how older Albertans make our province stronger.

Seniors have a wealth of experience. They are active as business people, entertainers, writers, teachers and in dozens of other endeavors.

Older people are a vital part of our families. They provide emotional support and advice, financial support, and often help out with babysitting, housework and yard work.

Many seniors are active volunteers working to help Albertans of all ages. Many participate in programs for seniors such as Meals-on-Wheels, seniors' clubs and centres and education courses.

The vast majority of seniors are healthy and living in their own homes. More and more seniors are independent and active.

Seniors have a wide array of interests, skills and backgrounds. There are hundreds of interesting and talented seniors in our area.

Seniors' Week is a wonderful opportunity for people of all ages to meet and learn more about seniors. It is a time to keep older people in touch

with youth and to acquaint young people with older adults. It is also an opportunity to honor seniors for their contributions to the past and future of our province.

Everyone is invited to take part in Seniors' Week, June 4 to 10!

TIPS ON SURVIVAL:
HOW TO LIVE A LONG
LIFE

Want to live a long time? Research studies have been done on survival in concentration camps, in prisoner-of-war camps, on cancer and heart-disease victims, and on old age. Five factors seem to be the most important for survival:

1. **Having deeply held goals and commitments.** These goals and commitments need to involve relationships with other people. People who lived the longest in concentration and prisoner-of-war camps, for example, were people who turned their concern outward and worked to help other people to survive.

2. **Sharing your distress with other people.** Quiet, polite, passive, accepting and well-behaved people die. People who openly share their suffering with other people and are aggressive in getting their needs met will tend to live longer.

3. **High morale is important.** Depression kills. In concentration camps, in POW camps, and among cancer patients, people who become depressed die.

4. **Physical activity is an important survival factor.** Keeping yourself physically active will help you survive.

5. **Friendships and love relationships are vital.** Lonely people die. Isolated people die. People with good friends and loving relationships survive. Many psychologists believe that loneliness is the biggest personal-adjustment problem.

Want to live a long and happy life? Then build goals and commitments that are important to you and that involve other people's welfare. Share your moments of distress and discomfort with other people. Learn how to talk with other people about how you feel. Avoid depression and keep your morale high. Keep physically active. And constantly build and renew friendships and love relationships.

Source: D. Johnson

TIDBITS

We never fail at anything; we can only have learning experiences.

Fun is like life insurance; The older you get, the more it costs.

Learn to get in touch with silence within yourself and know that everything in this life has a purpose. There are no mistakes, no coincidences, all events are blessings given to us to learn from.



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Direct Line

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NOTICE

RECREATION GRANTS

Town Council will now receive applications from Town Recreation Organizations for Capital Projects or Capital items.

Please submit your application showing the nature of the project, benefit to the community and the amount requested.

Please forward your application to Town Office, Box 448, Elk Point, by 4:30 p.m. June 30, 1995.

Town Council



NEW LISTING - 5014-56 Ave. --
Attractive three bedroom bungalow featuring bay window in the dining area and central vac. Recently finished basement with large family room, bedroom and full bathroom. Includes storage shed and fenced back yard. Asking \$77,000.



MOVE IN FOR THE SUMMER --
Nicely finished one bedroom house with large kitchen and living room and partial basement. Two lots 100'x150' in total size. Excellent location for duplex.



SAVE RENTAL PAYMENTS --
With this 672 sq. ft., 2 bedroom home on a 50'x150' lot. Includes fridge and stove and window coverings. Listed at only \$17,000.00.



LOTS OF CHARACTER -- This 1-1/2 storey house features a large living room and large M. bedroom on the main floor, spiral stair case; two bedrooms and 1/2 bath upstairs. Comes with fridge and stove. New vinyl siding, eavestroughs and partial new roof.



REDUCED -- Three bedroom bungalow, 1080 sq. ft. with partially finished basement and detached heated 16'x26' garage. Nice corner location with attractive landscaping. Owner anxious to sell. Asking: \$59,900.00.

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ELK POINT AGRICULTURAL SOCIETY

is having

ANNUAL
GENERAL MEETING

Monday, June 19 - 7:30 p.m.

Horizon Meeting Room A.G. Ross Arena

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Heads Up

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when using a ladder to fix
your roof or prune trees.



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Viewpoints

Seniors, It's Your Week! Have a great one!

TIC talk

By Sherry Pelech

Tourist Information Clerk

The Tourist Information Centre is now open for the 1995 season. Our hours will be the same as last year, from 10:00 a.m. to 6:00 p.m. The big change is that instead of being open seven days a week we will be closed Mondays and Tuesdays.

We have received a shipment of maps and Accommodation / Campground / Vacation guides from Saskatchewan and they are free to anyone who wants them. The new Alberta maps and information have also arrived, but, as last year, we have to charge for the Alberta maps (\$1.25). At the time of writing, we did not have the new B.C. information, but it is ordered and we are crossing our fingers and holding our breath.

We also don't have the 1995 pricing schedule for the Provincial Campgrounds but when we know, we'll let you know.

And now for an historical note: June 1, the day we reopened the TIC, was the 50th Anniversary of a significant event in the history of Elk Point. June 1, 1945 was the day the Arrow Theatre ran its first movie. Steve Andrishak,

owner and operator of the movie house, tells us that the first movie he showed was a war comedy called "23 1/2 Hours On Leave." Anyone who was raised in Elk Point has nostalgic memories of that theatre. Remember the loud-speakers that blared popular show tunes from the 1920s and 30s a half hour before the show started? Remember the sloping cement floor and if you accidentally kicked your pop bottle, it would roll, clattering, forever while everyone in the theatre turned and stared at you? Remember the 'Cry Room?' (For all you novice Elk Pointers, the 'Cry Room' was a soundproofed room where mothers with crying babies were supposed to sit so they didn't disturb other theatre patrons but was actually where the teenagers went to 'neck'. Remember the Saturday afternoon matinees? Remember the Elvis Presley movies, when the theatre was so full, extra benches had to be put at the front to accommodate everyone? On December 10, 1986, the theatre closed its doors after playing its last movie, a Bugs Bunny cartoon. An era of Elk Point's history ended appropriately with "Th-th-that's All Folks!"

Canada Remembers

D-Day and the Battle of Normandy

The end of the Second World War began 51 years ago today, on D-Day, June 6, 1944. This was the day that Canadian, British and American troops crossed the English Channel and came ashore along a 50-mile stretch of the heavily fortified coast of Normandy in German-held France. Defeat would have meant certain disaster, because there was no way to bring the troops back. Victory meant that the Allied forces finally gained that all-important foothold in western Europe.

- D-Day is a military planning term that signified a date on which an attack begins. By common usage, it has come to stand for the beginning of the Battle of Normandy.

- The D-Day invasion was the largest amphibious assault in the history of warfare.

- There were nearly 15,000 Canadians among the 150,000 Allies who stormed the beaches of Normandy.

FACING A FORMIDABLE CREW

The Germans had turned the coastline of Europe from Denmark to the southern end of France into one continuous fortress. The Normandy beach was mined, strung with barbed-wire and dotted with heavy artillery batteries (a unit of large guns) and machine-gun nests. To attack "Fortress Europe," the Allies prepared for more than a year, amassing troops, boats, tanks, supplies and equipment. These preparations were undertaken in top secret so that the Germans would not know the exact date and location of the landings.

- Ground, sea and air forces rehearsed endlessly to ensure perfect timing and coordination.

- The Allied soldiers trained to be in top physical condition. They had to be able to swim 50 yards wearing full uniform. Then, as a part of one exercise, they had to do 25 push-ups, run 300 yards in 45 seconds or less, crawl 50 yards under barbed wire,

carry a man piggy-back for 25 yards and march 4 miles in 45 minutes.

- The Allied forces developed tanks with names like "Crab" and "Crocodile" which were specially designed to break through the German army's coastal defences.

- The Normandy coastline had no harbors for the thousands of cargo and supply boats that would have to land after the invasion. To create a breakwater, the Allied forces built 213 huge concrete blocks called "mulberries" (some 200 feet long and six stories high) which they towed across the Channel and sank end-to-end to form piers.

- Once in France, the Allied armies needed fuel to continue the invasion of occupied Europe. Allied engineers built a long, flexible pipe called "Pluto" which ran under the sea from England to Normandy and was capable of carrying thousands of gallons of fuel a day.

- The Allies decided to fool the Germans into thinking they were going to attack Calais, which had ports and sheltered water, rather than the rough, open Normandy coastline. On the English coast opposite Calais, the Allies set up a mock assault force with dummy ships, plywood gliders and rubber tanks. The bluff was so successful that even six weeks after D-Day, Hitler was still expecting a major attack on Calais.

ON LAND, BY SEA, IN THE AIR

On "Juno" Beach, after initial aerial bombardment of coastal defences by Britain's Royal Air Force and the United States Air Force, the 15,000 troops of the Canadian Army began coming ashore at about 7:45 a.m. They had been given responsibility for establishing a beach-head along a five mile expanse which fronted the French villages of Courseulles-sur-Mer, Bernieres-sur-Mer and St. Aubain-sur-Mer. Once established, these troops were to push inland and capture the city of Caen, a German communications centre. To the east, over 450 troops of the 1st Canadian Parachute Battalion,

who had been dropped before dawn, were fighting inland, while elsewhere, 37 squadrons of the Royal Canadian Air Force attacked other German beach defences and inland positions, while destroyers and supporting craft of the Royal Canadian Navy shelled German targets.

- 7000 vessels of all types, including 284 major combat vessels, participated in "Operation Neptune," the naval component of the D-Day offensive.

- A total of 4066 heavy and medium bomber aircraft and 3711 fighter aircraft and fighter bombers attacked beach defences and inland targets.

A HARD-WON VICTORY

Despite fierce opposition from enemy strongholds, the Canadians at Juno Beach fulfilled their immediate objectives that day, taking three shoreline positions and establishing themselves near the village of Creully by nightfall. The savage fighting in Normandy continued, and the Canadian forces faced Germany's powerful Panzer divisions in their struggle to capture the city of Caen. The Normandy campaign was successfully completed on August 25, 1944 as Allied forces liberated Paris. Total victory in Europe would not be achieved for another 9 months.

- Trailing the route of the First Canadian Army in Western Europe wasn't hard. The way to the front was marked by a painted maple leaf or the written words MAPLE LEAF and the word UP. The rear was marked by the maple leaf signs and the word DOWN.

- Many Canadian soldiers in the Normandy campaign were new to battle. Major J. E. Anderson of the North Shore Regiment spoke for many when he wrote, "I never realized until the attack at Carpiquet [an airport outside Caen] how far discipline, pride of unit, and above all, pride in oneself and family, can carry a man even when each step forward meant possible death."

- D-Day casualties were high, although not as great as had been expected. They included 1074 Canadians wounded of whom 359 died.

The Elk Point REVIEW

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Hard to say goodbye to Heinsburg High

(Continued from Front Page)

special messages. Lehr spoke on the benefit of education "which gives us the liberty to make choices. The Class of '95 has chosen to complete their high school years. Fishing Lake is very proud of Tanya, Charles and Julian. Every success adds to our credibility." He thanked the teachers of J. F. Dion School and Heinsburg School for their contribution to the education of the three students.

Mrs. Desjarlais said that "we, the elders, know how important it is to have an education. In my time it was not stressed. It has been a pleasure to watch education progress in my 55 years at Fishing Lake, from horsedrawn cabooses to modern school buses. Having Grade 12 is a good start. Keep on, we need your leadership in the future."

Special entertainment was offered by "the stars of Balloon Landing, Lee and Sandy Paley" (or reasonable facsimiles) who performed a hilarious number called "Six Inch Boots In A Nine Inch Puddle."

Remarks on every member of the "fun loving, goal oriented" class, along with good advice for each, was presented by David Daniels and Kirsten Sanders, as School Board representatives Bob Smith and Ray Danyluk presented scrolls.

Danyluk offered best wishes from all the trustees, administration and head office staff of the new Regional School Division, and acknowledged that "it is hard to say goodbye

to the memories. Be proud of your past, your heritage, your parents, your community and your school. Welcome challenges with enthusiasm, and go forward into tomorrow with confidence."

MP Deborah Grey said that while it is hard to say goodbye to yesterday, "but not to today!" She recounted a day rife with problems from a fogged-in flight to "a guy in Fort Saskatchewan with lights on top of his car" who further impeded her hasty trip to Heinsburg for the ceremonies.

"This time next year, Ms Grey said, "another crew will be standing here, and you guys will be memories. Come the end of June, you're out of here, you literally have to say goodbye." However, she noted, it will not be the sudden, very final goodbye the grad class at Sturgeon Composite High had to make to one of their members, who was killed in a traffic accident the day before graduation. "That kind of pain you can't handle. That kind of goodbye is final." She acknowledged that they may be nervous about their future. "You will be somewhere else September 1, you won't be here as this class. It's tough to say hello to the future. You have to be prepared, and do a good job,"

for those entering the work world, and the world of married life.

"Remember your roots," she concluded. "I brag about Heinsburg on Parliament Hill. They know it's a real place.

Roots - that's here, guys, downtown Heinsburg. Wings - we as your family, your friends and your MP, give you your wings."

Julian Durocher and Denise Bendixen presented gifts to Ms Garnier, Ms Durnin, Lorelee Werstiuk, Cathy Botting, Nathan Brown, Daleen Gunderson, Ms Grey and Marie Zayac.

Principal Lorne Young told his own story of a traumatic day, which also started with fog for a trip to Edmonton - and a dead battery when starting back. "But we got here in time. When something is important, you get there." He thanked all who attended, and said the evening was special because of the involvement of three communities - Frog Lake, Fishing Lake and Heinsburg.

"Yesterdays are terrific. They're super for memories. But it's tomorrows that really matter. When you walk out of here, you will go in all sorts of directions, it will be different for every one of you. You're not sure what life will hold, but you hope someone has prepared you for this. You will succeed because you want to, because you are prepared. You learn every single day."

Ms Garnier read the grads a poem written by Edlyn Smuk

in Grade 6, "Friends Forever," of which the sentiments still hold true.

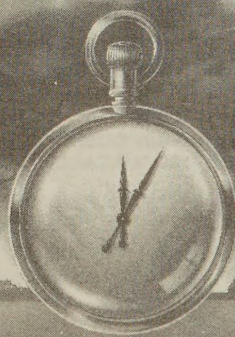
Daleen Gunderson saluted the grads as they left the stage with a solo, "Friends."



GRADS ENJOY ENTERTAINMENT - by their surprise "special guests" with a hilarious song skit.

Graduates Have More Class!

It Only Takes 5 Minutes



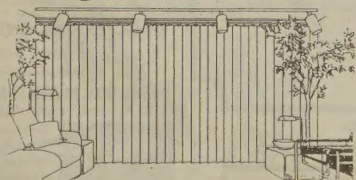
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Elk Point girls take SPAA Fastball Championship

By O. Megley & C. Weetman
St. Paul Journal

Close! Capital everything. That's the best way of summing up the girls' final in the St. Paul Athletic Association's Fastball Championships last Tuesday. St. Paul and Elk Point squared off in the heat and the dust at St. Vincent with Elk Point emerging the victor in the last bat.

Defence was the key to keeping the game close in the earlier stages. Both teams were hitting the ball well, but the score racked up steadily as a series of fielding errors on both sides continued to occur in the earlier stages. But after both teams had big innings in the bottom of the fourth and top of the fifth, they up, and the scoring slowed down while the tension built. At the top of the seventh it was tied at 20-20, with St. Paul at their last bat and regular pitcher, Jaime Ballas on the mound for Elk Point playing in spite of a leg injury.

An opening double by Carmen Boisvert and an RBI by Lisa Jean combined to score one for St. Paul. Janice Makokis hit to get on base, stole second, and was then brought home. St. Paul went into the bottom of the seventh with a slim two-point lead.

"Are you serious?!" Kelly Peterson was overheard to say to coach Charlene Anderson before the start of their last bat. Could it be that she was sur-

prised at being asked to bunt? It turned out to be both a brilliant call and a brilliant bunt. A series of overthrows put Peterson in scoring position on third. Then ailing pitcher, Jamie Ballas, was walked, and a request was made to bring her out in favor of a pinch runner. However, rules were such that she would not be allowed to return to the game, which would have left Elk Point in a serious situation should the game go to an extra inning. She was left in. But when a good hit by Robyn Danyluk brought in Peterson, advanced Ballas to third, and put Danyluk on base, coach Anderson made the pull. The tying and winning runs were on when Armina Kinjerski took the bat. She cracked a safe hit into the short outfield bringing in the pinch runner, Jill West, and giving Danyluk a shot at home. In a gutsy move Danyluk made for the plate, going down to avoid the tag. Safe!

In the boys final St. Paul Regional squared off against Ecole Mallaig School. Earlier in the day Regional had put in a strong showing at the Mallaig ball diamonds, winning their first game against Heinsburg 12-3 and their second against Elk Point, 13-2. The victories put the team in position for a third and final game against Mallaig, who had won their first game against Saddle Lake, and received a bye in the second.

Regional took an early lead, and until the last half of the seventh inning, were ahead by a 9-0 score. They also boasted the only home run of the game, made in the sixth inning.

A combination of a double play and strong pitching kept Regional scoreless in the top of the seventh, and three late runs by Mallaig in the bottom put them on the scoreboard for the first time. However, it was a case of too little too late and the final score was 9-3 in favour of Regional.

Regional coach Steve Lightfoot says he attributes the win to the skill and leadership of his players.



FASTBALL CHAMPS - F. G. Miller Crusaders who brought home the SPAA banner are: (front, left to right) Raegan Croteau, Armina Kinjerski, Renee Anderson, Jill West, Lindsay Liebrecht, Felina Kinjerski; (back row, left to right) Sheana Kinneberg, Robyn Danyluk, Dennell Anderson, Bonnie West, Jaime Ballas, Kelly Peterson and coach Charlene Anderson.

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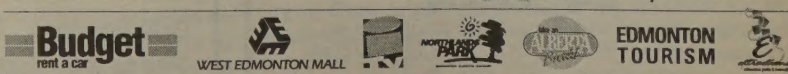
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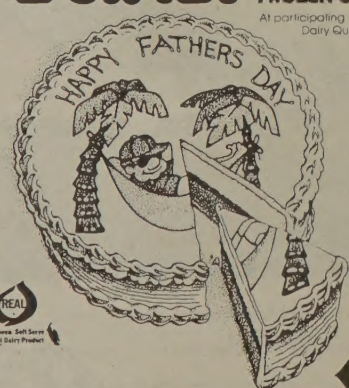
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Saluting Elk Point and District Seniors

Seniors Week - June 4 to 10

Fitness is important for older adults

Age is no barrier to fitness. Older adults (even those in their 80's and 90's) can improve their fitness through regular, progressive exercise. Physical activity can be enjoyable, invigorating, and beneficial.

- * It improves blood circulation and keeps muscles supple and strong.

- * It keeps bones dense and strong and helps maintain mobility in the joints.

- * It helps maintain balance, coordination and agility.

- * It assists in weight control.

- * It aids digestion and reduces the incidence of constipation.

- * It reduces tension and fatigue, and provides extra energy.

To achieve these benefits - safely and effectively - you must pursue a sensible routine. Here are some tips to help.

- * Patience is a virtue if you're just getting involved in fitness. Start with a gentle program and build up gradually from there.

- * Fit fitness into your daily activities. Climb stairs whenever you can instead of using elevators. Walk to the store instead of driving.

- * Set up a home exercise program if getting out is difficult. Some stretching and strengthening exercises and brisk walking - on the spot or around the house - will give you a balanced and complete fitness routine.

- * If you're over 65 and want to begin a vigorous exercise program, check with your physician first.

- * Pursue activities that improve your stamina, suppleness and strength, and ones that you enjoy too. Few people stick with an exercise program for long simply because it's good for them.

- * Wear comfortable, loose-fitting clothing that suits your activity.



Proclamation Seniors Week

Whereas, seniors are making many contributions to strengthen our province, enhancing our daily lives and our society; and

Whereas, seniors are a vital part of our families, sharing generously of their wisdom, experience and love

Whereas, more seniors are independent and active and, by challenging the stereotypes of aging, are leading the way for future seniors

Whereas, seniors have many different lifestyles, backgrounds and cultures

Whereas, a more positive attitude toward aging is creating new opportunities for seniors

Whereas, we honor seniors for their skills, knowledge and leadership, and

Whereas, it is appropriate a special week be set aside to celebrate with seniors

Now, therefore, I do hereby proclaim the week of June 4 through June 10, 1995 to be "Seniors Week" in Elk Point. I call upon all Elk Point and district residents to join in the celebration of Seniors Week.

Ed Buck
Mayor

Greetings from Elk Point Town Council

It is indeed my pleasure on behalf of the Town Council to extend to every Senior Citizen a sincere thank you for all the many hours you have dedicated in so many ways to our community. May "Seniors' Week" be a time of enjoyment to you all.

- Mayor Ed Buck and Council

Facts about Seniors

From: Seniors Advisory Council

Numbers and Percentage of the Population

- * According to the 1991 Census there were approximately 230,550 people age 65 and over in Alberta, 9% of the total population of the province.

- * Alberta has the smallest percentage of seniors in its population of all the provinces; only the Northwest Territories and the Yukon have smaller percentages of seniors.

- * Numbers of seniors will more than double within the next 25 years, and their percentage in the population will increase to between 13 and 14%.

Living Arrangements

- * Majority of seniors live in homes that they own, and most of the remainder are renting.

- * Only 9.3% of the seniors are living in lodges and long term care centres.

- * The percentage of seniors living in lodges and long term care centres is dropping, probably due to the fact that we now have the Home Care/Community Long Term Care Program and also subsidized seniors' apartments.

- * The majority of seniors live in a family situation, most with a spouse, and very few seniors live with other relatives.

Health

- * The majority of seniors say that their health is excellent or good (Information from surveys).

- * It is believed that future generations of seniors will be healthier.

Income

- * As of December 1992, 39.5% of Alberta's seniors had low enough incomes that they were receiving income supplementation from the federal and provincial governments.

Seniors in Alberta

The proportion of people aged 65 and over in Alberta is increasing rapidly, as it is across Canada and in much of the industrialized world.

The baby boom that began in 1946 will become a seniors boom beginning in 2011. From 1986 to 2016 the proportion of seniors in Alberta is expected to grow from 8.1% to 13.5% and their numbers to increase by 149%.

Generally, the youngest areas in Alberta are in the north and the oldest in the south (except Calgary). The highest concentration of people 65 and over live in the towns and cities (but not the farms) of southern and east central Alberta. Only 5% of Alberta's seniors live in rural farm settings.

Fort McMurray is the youngest city in Alberta with only .8% seniors. Medicine Hat has one of the highest proportions of seniors in Alberta with 14.7% of the total population. This means that Medicine Hat, in 1990, had a higher proportion of seniors than Alberta as a whole will have in the year 2016.

PARTNERS IN SENIORS WEEK

Vernice Cartwright, St. Paul and District Crisis Centre * John Drobot, Community Representative * J. Lang Ellison, Toronto Dominion Bank * Terri Ehlert, Family and Community Support Services * Verona Lea Flanders, Elk Point Further Education * Sid Holthe, Community Representative * Pastor Jim MacLellan, Elk Point Baptist Church * Irene Magnusson, Community Representative * Margaret Modin, Pioneer Circle Society * Archie B. Palinka, Ouellette and Hadjuk * Laura Plett, Alberta Heart Health Project * Ernie Scheelar, Treasury Branch * Alvina Schuhmacher, Heritage Lodge * Sharon Steinhauer, AADAC * Elk Point Town Council * Louis Verhagen, Royal Canadian Legion

SENIORS WEEK PLANNING COMMITTEE

Vicki Brooker, Elk Point Review * Terri Ehlert, Family and Community Support Services * Sid Holthe, Community Representative * Tracy Kjenner, Heritage Lodge * Jim MacLellan, Elk Point Baptist Church * Margaret Modin, Pioneer Circle Society

THANK YOU TO THE ELK POINT FCSS BOARD FOR THEIR SUPPORT OF THIS PROJECT

The Board members include: Lang Ellison, John Humphrey, Andrew Ross, Sharon Smith, Linda Shmyr, Louis Verhagen and Dave Yake.

THANKS ALSO TO THE ADVERTISERS WHO SUPPORTED THIS SPECIAL SECTION

Leisure -it's about time we had some

By Sid Holthe

At this Senior stage of life, society generally expects that we must be in a state of continuous leisure; unfortunately we may not all find this to be quite accurate but with some thought and planning we should be able to inject more of this mythical ideal into our lifestyle.

The term leisure itself is defined as "time free from required work when a person may rest, amuse oneself, and do the things we like, a state of having time free". Whether or not we have fully achieved that condition, Seniors can at least all feel a sense of liberation, there is more assured freedom now, our responsibilities are lessened, and we are not being driven by strong ambitions.

The problem for most

Seniors is probably not in finding "free time" but lies instead in filling it in a way that is pleasurable but still gives some meaning to our lives and to the goals that we set for ourselves.

But we know that thought and planning can bring about improvement in the conditions of aging or anything else, and there does not appear to be any reason to prevent us from enjoying this stage of life.

If you are bored, look around for something that interest you: to create your own ideal lifestyle manage your life in a way that brings both satisfaction and pleasure to you. After all most people are about as happy as they make up their minds to be.

But we must first be comfortable and happy with ourselves, must like ourselves, and

then let inner happiness flow and radiate outwards to every person around us.

Because we are each truly unique, we have our own menu of interests, different than that of others, and we select our own joys and rewards. These will alter and change over time and so there is as well a continuous process of regeneration of interests.

Just as there is a cycle to our life, there is a cycle to the days, and we still cling of course to the satisfying habitual activities that get us through the days.

What really matters however are the things that can improve the rest of our life, our place in the new world we will create, the new friendships to surround us, the exciting things we can plan and do,

how much better we can feel about ourselves, and our new role in society.

Unfortunately, through it all we have to age, and certain symbols make aging apparent to us. We all know that life and a bathtub have one feature in common - the longer we are in them the more wrinkled we become.

However, smile wrinkles look better on us than frown wrinkles and they do provide a built-in benefit: a smile releases chemicals called endorphin into our system and creates a good, mild euphoria, so we feel better.

The main point for us is that if we stay healthy, active and happy, we can slow down the impact of aging, so every year from now on can be a better year.

Furthermore, positive thinking, enthusiastic immersion in life, proper eating habits, an invigorating exercise regime, all should hold top priority in a program to assure for ourselves the enjoyment of the longest life-span possible.

And there are things we can do to compensate for minor problems like diminished sight, hearing, and reaction time:

a. To reduce the occasions when we forget, learn to use clues, symbols, or word associations. One characteristic of Seniors is that when we forget we always remember we forgot!

b. There is always a solution to problems if we are creative. For example, if you are frustrated with the complexity of a VCR, don't trash the machine—ask a student to explain it to you.

c. Rejoice in the beauty and wonder of life, and never waste time worrying about death.

d. It's OK to become tranquil when you are really old, but right now stay active and upbeat.

e. If you have an ailment, study and understand it, and

try to turn it around into some kind of benefit. For example a heart patient or diabetic will learn to eat properly, exercise regularly, and thereby sustain a healthier lifestyle.

f. Since we are the earth's most valuable resource we must look at recycling ourselves. We can immerse ourselves in some of the most pleasurable and useful work—that of volunteering. By doing so, we contribute our talents to community improvement or advancement of an association, so we share in a worthy goal and we reap personal satisfaction. And most importantly, we also improve ourselves.

g. Reserve some time for creative activities in which you find pleasure, like art, music, reading, or a new hobby, to ensure a satisfying lifestyle.

h. We need a variety of approaches so also set aside some time for meditation; it will be restorative for you.

i. Do some fun things like dancing, joining Seniors' sports games, or take a ship's cruise—maybe on the Love Boat.

j. There is a strong spiritual dimension in the lives of most happy, confident people, so read the scriptures, attend church, join a choir.

Spirituality brings a sense of order and purpose to our lives, and we can demonstrate our faith through our example and our actions.

k. Don't regard time as a glutton that eats up your life, instead use it to savor a meal and savour, to spend exactly as you choose, and do it pleasantly, at your own leisure.

l. Let the words of Browning serve as a benediction, as a shared promise—

"GROW OLD ALONG WITH ME, THE BEST IS YET TO BE"

Financial planning for retirement: securing your future means starting now

By J. Lang Ellison

Manager, Toronto Dominion Bank

Financial planning has taken on a new urgency in Canada, as more and more realize that maintaining a comfortable lifestyle in retirement will depend on their own individual resources.

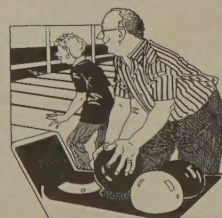
This is largely due to demographic trends: the general population is getting older; the ranks of retirees are expanding rapidly; Canada's huge "baby boomer" generation is now facing retirement within the next twenty years; and a growing proportion of people are retiring younger and living longer than previous generations.

These demographic trends mean that retirees will need more income for a longer period — at a time when government resources are dwindling. High government debts and deficits are limiting governments' ability to provide assistance to the elderly at a time when tax burdens and health care costs are likely to rise.

That means that it's more important than ever to plan an investment and savings program — and to set it in motion as early as possible. Ideally, people start in their twenties, making the maximum RRSP and pension contributions, and invest a major portion of their funds in a broadly diversified portfolio of equities for the long term growth potential. Over the next forty years, they should shift the balance of the portfolio to lower risk income bearing investments, such as bonds, money market funds, and GIC's. Leading financial institutions now offer a full and competitive range of savings and investment products and mutual funds to fit into every conceivable plan.

There is no sure fire formula for a successful financial plan — it varies from individual to individual, and depends on your personal means and needs. Regardless of your current circumstances, it pays to talk to a qualified investment counsellor or financial advisor

— to develop a plan that is right for you. With RRSP season approaching, it makes sense to get underway now: ask your banker to refer you to an investment counsellor — and feel free to call TD's Green Infoline at 1-800-387-2092, if you need further information.



A hearty Seniors Week salute from the following local businesses:

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*Greeting Seniors
From*
**HERITAGE
LODGE**
Elk Point
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Take time to remember

By Irene Magnusson

"Take Time to Remember" - easy for you to say... but what to pick from the trillions of memories floating around in our minds, accumulated over the many years?

Obviously, we should take time to remember our childhood. The long, long days, filled with explorations, with fears and fun and food. In my own mind float recollections of exploring the slough, in spring, with my brothers. The raft we poled across the icy water, the occasional dunking; the spans from our terrorized mother, as she stripped our icy limbs, wrapped us in blankets and beseeched the eternal questions, "Will you never learn?"

School, that marvelous font of learning, was miles down a dusty, muddy or snow-filled road, walked barefoot in summer, often blizzard-lashed in winter. But oh, the wonders to be found there, hidden in the pages! Even the pesky boys could be endured while knowledge was absorbed. For many of us, in the '20s and '30s, those learning years were few.

Today, we are assailed by news and views of the distressing times we are enduring; my generation endured the Great Depression, when we learned to "live off the land," picking wild berries and greens, stalking partridges with slingshots, planting gardens with seeds we saved from year to year. Everyone made things, furniture, clothing, repairs, from what came to hand, and were

not ashamed to accept from the neighbors, or to pass our own unused articles along. Families were large, in those long-ago days; baby's clothes were passed on, when out-grown, to the next newcomer, family or neighbor. Cash was hard to come by, and well respected. There was still time for fun; the occasional day at the lake, to wade, to fish off the pier, to pick berries. And burn weiners!

All too soon, it was time for our War, which I thought we were doomed to suffer every 20 years (history); one after another my brothers, sister, cousins, friends and neighbors went off to fight for freedom and friends, as their fathers and uncles did before them. We wrote letters and awaited replies; some got telegrams. Ration cards were used, sometimes traded. A gallon of gas cost 25 cents - still hard to afford.

My husband didn't go to war. He was nearing 30 (too old?), had 4 kids (too costly?), and was a farmer, needed to feed the people, thank goodness!

I recall the first airplane I ever saw; beautiful and free, up in that clean blue sky, and oh, how I longed to be up there with it! Now they rupture the air with their roars, screaming giants... and I still long to be flying with them.

We went once to Vancouver, on the train; 23 hours of changing scenes, most astonishing our first view of the Rockies. They were every bit as impos-

ing and glorious as the pictures showed - and as they are today. Now we drive, or bus through those tall blue hills, fly over them, almost without a glance; I remember the utter thrill of my first sight. We are blest with such beauty.

There have been great changes in our environs; we glide over the North Saskatchewan River, on a table-smooth highway, with little thoughts of the clumsy ferry and the time it took to cross just a few years ago (45 to be exact). Of course, the ferry was a great improvement over the rafts or boats used 40 years before.

When the future looks too bleak, isn't it wonderful that we can draw from our minds, memories of bygone times, of family, friends, beauty of nature, northern lights flickering, and the sun on our skin!



Elk Point Pioneers

By John Drobot

There are footprints around Elk Point
And all the countryside
Of those dedicated pioneers
Who made those steps with pride.

That Senior group is somewhat smaller
There are fewer of their kind
Let us pause a silent moment
For the thoughts they left behind.

I sense the rain-washed fields
Wind in the poplar grove
And in the kitchen, scent
Coffee cooking on the stove.

I dream of all those moments
Close to my heart hold them tight
Before I gently close the door
And my thoughts pass into the night.

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From June 6 to 20, 1995

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seniors' identification card to be eligible for this offer.

Have a great Seniors' Week, everyone.

ELK POINT REVIEW

4809-50 Ave., Elk Point, Phone 724-4087

We salute the seniors of Elk Point and
recognize the outstanding contributions they
continue to make to our community.

Have a wonderful week!

If you wish to travel beyond the borders of Alberta this
summer, there are some interesting choices.

NAGEL TOURS offers first class coach tours to these
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Elk Point

My Love For Seniors

By Helen Dewan Pylypow

What does a senior mean to me?
Strength in the face of reality
Someone who offers a willing hand
And knows the real meaning of "our native land".

Someone who worked, when work was real labor
And still had the time to visit a neighbor,
Worked with their hands, eighteen hours a day
And never once so much asked for a raise in pay.

No fancy shoes or clothes to wear
No modern hair dye to color their hair,
Just down to earth people, as plain as your face
Who added so much to the human race.

People who opened their doors to each other
And treated their fellowman, just like a brother,
Great ones who lived by the word of God
While brushing and breaking and turning the sod.

The wind and the rain, they worried them non,
They lived everyday saying "Thy will be done".
So what's that you say, did I hear you mumble?
Now that your older, afraid you might stumble.

"I won't be a burden," did I hear you say?
"And when I am, you just put me away,
Put me somewhere where they'll look after me,
Cause I don't want to bother my own family."

Now just a darn minute, let's get something straight
Before you've a chance to decide your own fate.
Who gave me their love when I was just small
And held my wee hand so I wouldn't fall?

Who showed me the difference between wrong and right

And taught me to walk away, rather than fight?
Who taught me to choose my friends like books
For what they are and not for their looks?

And showed me the way to give thanks up above
For wonderful parents, who taught me to love.
You never will burden me that is for certain
When you talk like that, it's me that you're hurtin'.

Give me the chance to be able to learn
How it feels, to really show love in return.
Let me be able to give to you
Some of the care, you gave me, all life through.

Did you ever once, just stop and think
If it wasn't for you, my ship might sink?
I need someone older, to show me the way
To accept any problems I have through the day.

To show me that money is not everything,
Teach me to laugh, and teach me to sing.
As I said before, there's one thing for certain
When you call down yourself, it's me you're hurtin'.

So don't ever say, "I'm too old, I'm no good!"
Take all your credits, the way that you should.
You're really important in life, don't you see?
If it wasn't for you, there wouldn't be me.

Take time to remember - today's seniors

By Louis Verhagen
Elk Point Royal Canadian Legion

The seniors of today were in most instances teenagers or in their twenties and in a few cases, their thirties during World War II. Those who did not go and join the Canadian Armed Forces, became part of the "home front."

The Home Front of the day was responsible to produce whatever the war effort needed, food - in whatever form needed, arms, vehicles, cigarettes, stockings and so on. The leftover production not "needed" for the war effort, was needed at home. It meant that many women worked in factories, offices and in general, out of the home. It required a tremendous change in the traditional thinking and was in a large part responsible for today's status of the woman - no longer house-bound.

But the home front had another responsibility, raising a family at the same time as their husbands, fathers and other loved ones went overseas, to an uncertain future. Realistically speaking, the odds of coming home whole, body and soul, were not very good. But all the veterans and their families were willing to give their all so that we who were left behind or who came later, should be able to enjoy

the freedoms and opportunities of living in a free, democratic Canada.

Today, their message is "Never Again," this carnage should not happen again. Unfortunately, people forget. To take a case in point, the Royal Canadian Legion here in Elk Point, at last count, had only 31 members. All veterans - including RCMP; their children and spouses and grandchildren and spouses can and should be members. If they were, the Legion would have a healthy membership instead of trying to survive on the few members and fewer active members. Please "Take Time to Remember and Reflect." "We Remember Them," do you? Membership is only \$25 per year.

Did you remember, when the Legion asked for donations for the new Cenotaph? Did you send a donation, so that "We Will Remember Them?" It is not too late, but do it NOW. Those who come after us, the future seniors, "They Too Must Remember Them" and say "Never Again."

Mission statement of the Elk Point Royal Canadian Legion

The mission and purpose of the Elk Point Branch of the Royal Canadian Legion is twofold:

1. To look after needy Veterans and their dependents, whatever the need or cause of need. These needs are paid for through Poppy funds, which are held in public trust. The Poppy funds are raised through the 3 week public Poppy campaign, culminating in Remembrance Day, November 11.

2. To promote and publicize why the veterans were willing to "give their all" and to insure that "We Shall Remember Them, Lest We Forget." This is done through the Poppy Contest at all schools in the area. The students are made aware of what the veterans did and why - to insure that we have the liberties and choices of living that we have today. The Poppy funds can only be used as indicated above. The expenses incurred, such as buying of wreaths - to lay at the Cenotaph, poppies, printing and mailing for donation requests are paid for out of the gross Poppy receipts.

Can you identify yourself with this statement? Are you willing to support it?

As a Canadian of Dutch descent and having been liberated by the Canadians, I must say "Thank You Canada: The Dutch Remember Them, do you?"

Is your house in order?

By Margaret Modin
President, Elk Point Pioneer Circle Society

Have you been fortunate enough to live an active, useful life, as I have? If you have, then you will know the feeling of being in control of your activities. But are we? Suddenly in the middle of the night we are struck with a physical ailment over which we have no control. It is then that we are brought face to face with our frailties, and our lack of control over our life. It is then we should ask ourselves some questions:

1. Have I made the spiritual decision which will guarantee my eternal life with God in heaven?

2. Am I in a right relationship with

family and friends?

3. Do I have my will in order ... so my loved ones will not have to figure out what I want when I'm gone?

4. Have I designated the things I own which I want to go to specific members of my family ... or friends?

5. Have I housecleaned the unwanted and unnecessary things in my house ... or have I just let them pile up. Shame on me ... my kids will have to do it, if I don't.

I challenge each one of us, Seniors especially, to get our house in order so that we do not place unnecessary burdens on our families.

A hearty Seniors Week salute from the following local businesses:

Have a Great Week
Seniors!
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V&S VARIETY
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724-4305

Seniors -- We
Appreciate Them!
TOWN OF
ELK POINT
724-3810

Seniors --
Have a Great Week
CAPITOL
IDA DRUGS
724-3866

ALBERTA
TREASURY
BRANCH
Elk Point
Guaranteed
Financial Services
724-3883

Celebrate
Seniors' Week
CUSTOM
CURTAINS
BY CAROLE
724-3122

Bicentennial cookbook set for launch

Back in the days of Elk Point's 1992 Bicentennial celebrations, Bicentennial Coordinator Billie Milholland suggested as one of the year's projects, a "grandma cookbook" which would tell the stories of pioneer women who came from far away and established new homes in this raw, new land, and would save for future generations the recipes they brought with them.

It's another Bicentennial now, that of Fort Edmonton, and the cookbook is, at last, complete. The stories of 123 women from 21 countries and eastern Canada, each with at least one recipe, are contained in "They Came...", a fascinating blend of history and culinary secrets from around the world, which will be launched at Fort Edmonton Park this Sunday, June 11.

Readers will find a recipe for "War Cake," by Audrey Wise, who came from Yorkshire, England to the Lindbergh area in 1920, and "Lardy Johns," by Effie

Haggard, who was born in South Africa and who homesteaded in the Moose Hills in 1930, as well as stories of women from Scandinavia, the Ukraine, China, and many other lands.

One special presentation will be made at the launch, which takes place immediately following a Victorian Tea, upstairs at Reed's Tea Room, which is reached by catching the trolley on 1905 Street. Mayor Jan Reimer will receive a complimentary copy of "They Came..." which she will treasure even more because it contains the story of her grandmother, Annie Spurko, who came from Austria to homestead in northern Saskatchewan, and who brought along a recipe for "Steamed Carrot Pudding."

Sunday will be the end of a long process. Billie has been collecting the stories and recipes virtually ever since the Elk Point Bicentennial, but the project went on a back burner at the end of 1992, as she and

her publishing partner Adele Mandryk followed other pursuits. Last fall, however, the project got back on track as part of Fort Edmonton's Bicentennial celebrations, with a "final push" in March 1995. "Then it was 7 days a week, many hours a day." After every story and recipe was fed into the computer, a crew assembled to proofread it - every page read by 5 people, the corrections put in, and read again. Then it was hauled off to the printer, and Billie and Adele held their breath that everything would be completed in time for the launch.

Relaxing behind a stack of their newly completed creation - the first book for their "Over The Edge Publications," the two ruminate on what they will do next. A reprint of an expanded and improved Great Pumpkin Cookbook, a second volume of "They Came..." and a similar book containing the stories of "The Hired Girl" are all on the agenda.



COUNTING DOWN TO LAUNCH - Billie Milholland and Adele Mandryk are all set for Sunday's launch of their history / cookbook, "They Came..." this Sunday.

Heinsburg hosts slowpitch tourney

Twenty slowpitch teams from the surrounding area and as far away as Edmonton converged on Whitney Lake Ball Park this past weekend for two days of exciting action on the diamonds.

Other than a 1 1/2 hour rain delay Sunday morning, which was caught up by 1 p.m., the weekend was a big success, according to organizer Bryce Lorensen. Things went so well, in fact, that all the teams had finished up and left before your reporter got there. Sorry, we don't have pictures of the winners.

Two local teams fought it out in the A Side final, with the Red Dogs victorious over the Misfits. This was a return engagement for these two teams, who competed in the C final of last weekend's Jan Frisby Memorial tournament in Elk Point, only this time the results were switched around.

The B Side was won by Marwayne's Letterbuck Bullets, who defeated the Edmonton Cheap Seats in the final.

Bensmiller wins Saddle Lake wagons

Dewberry's Buddy Bensmiller topped the Saddle Lake chuckwagon meet this past weekend, repeating his performance of a year ago when he also won the meet. Bensmiller won first place with his Skoal Inc. outfit with a total time of 2:34.93 and placed second with his Duke Russell Oilfield outfit, which totalled 2:35.74. Brian Laboucane was third.

Ray Mitsuing of Loon Lake, SK won the other Canadian Professional Chuckwagon Association meet at Melfort, SK this weekend, with Dennis McGillivray second.



SPAA CHAMPIONS - Elk Point Crusaders won the girls' side of the St. Paul Athletic Association Junior High Fastball championships on May 24. In the back row, left to right, are coach Renee Anderson, Andrea Myshaniuk, Tori Warawa, Tamara Rainboth, Zanna Brovchenko, Erica Neilsen and coach Lindsay Liebrecht, while front, left to right, are Christine Penz, Christa Lypka, Kandice Bjornstad, Charisse Kinneberg, Janice Derewynka and Jackie Penz. Congratulations, girls!

St. Paul & District Co-op

St. Paul & Elk Point Stores

DOUBLE COUPON DAY

THURSDAY JUNE 8th

Do you have coupons you don't need? Bring them in and drop them off in our coupon exchange box and help someone else! Check the box for coupons you may need.

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- * Coupons over \$1.00 redeemed at face value only.
- * One coupon per item per customer.
- * Offer good on manufacturer's coupon only.
- * Does not apply to "Free" merchandise coupon offers, mail-in offers or cash rebate coupons.
- * I-stock items only - No rain checks.

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- * Hip Roof Barn Shed 8'x12' is Wally Warron of St. Paul
- * Men's Shopping Spree is Harry Bohachyk of St. Paul

SPRING RAFFLE:

- * 16" Youth Mt. Bike is Coralee Beaulieu of St. Paul
- * Bike Helmet, Elbow & Knee Pads is Melissa Tymchyshyn of St. Paul
- * Bike Helmet is Diane Petrie of Lloydminster

Thank you to our sponsors: St. Paul Journal, Elk Point Review, Home Hardware, Bailey's Western Wear, Red Bird Clothing, Mr. G's, Magnet Shoes / Athletics, Beaver Lumber.

Elk Point Elementary Track Meet winners

A busy day of intense activity was enjoyed by the students of Elk Point Elementary School on May 24, at the school's annual Track Meet. The winners of each event are as follows:

F GIRLS

55 M - 1. Michelle Derewynka, 2. Grace Huffman, 3. Amanda Poulin, 4. Amie Patroch.

100 M - 1. Michelle Derewynka, 2. Grace Huffman, 3. Amanda Poulin, 4. Catherine Campbell.

Potato Race - 1. Grace Huffman, 2. Amie Patroch, 3. Michelle Derewynka, 4. Amanda Poulin.

Ball Throw - 1. Melinda John, 2. Amie Patroch, 3. Chantelle Bone, 4. Desiree Johnson.

F BOYS

High Jump - 1. Nicholas Myshaniuk, 2. Justin Bone, 3. Ryan Merkel.

55 M - 1. Travis Lindquist, 2. Brian Whiffen-Peters, 3. Nicholas Myshaniuk, 4. Christopher Proski.

100 M - 1. Travis Lindquist, 2. Nicholas Myshaniuk, 3. Tyson Slywka, 4. Corbin Poitras.

S. Broad Jump - 1. Justin Bone, 2. Travis Lindquist, 3. Brad Badger, 4. Nicholas Myshaniuk.

Potato Race - 1. Travis Lindquist, 3. Nicholas Myshaniuk, 3. Brian Whiffen-Peters, 4. Colin Ference.

Ball Throw - 1. Justin Bone, 2. Garret Zarowny, 3. Brian Whiffen-Peters, 4. Brad Badger.

E GIRLS

High Jump - 1. Michelle Friesen, 2/3 (tie). Robin Schade, Jasmine Brown, 4. Leanne Ference.

S. Broad Jump - 1. Amanda Zapesocki, 2. Kristy Lindquist, 3. Jasmine Brown, 4. Kelly Derewynka.

55 M - 1. Jasmine Brown, 2. Kristy Lindquist, 3. Megan Proski, 4. Kelly Derewynka.

100 M - 1. Jasmine Brown, 2. Amy Millar, 3. Kelly Derewynka, 4. Kristy Lindquist.

200 M - 1. Jasmine Brown, 2. Kelly Derewynka, 3. Kristy Lindquist, 4. Leanne Ference.

Potato Race - 1. Jasmine Brown, 2. Kelly Derewynka, 3. Kristy Lindquist, 4. Michelle Friesen.

Ball Throw - 1. Terri Turner, 2. Jasmine Brown, 3. Robin Schade, 4. Kelly Derewynka.

E BOYS

55 M - 1. Aaron West, 2. Kyle Nielsen, 3. Kevin Moneta, 4. Jason Kalynchuk.

100 M - 1. Robert Lawrence, 2. Aaron West, 3. Kevin Moneta, 4. Kyle Nielsen.

200 M - 1. Aaron West, 2. Kevin Moneta, 3. Robert Lawrence, 4. Jason Kalynchuk.

Potato Race - 1. Robert Lawrence, 2. Jason Kalynchuk, 3. Kevin Moneta, 4. Brandon Wittmack.

High Jump - 1. Jason

Scarlett.
Ball Throw - 1. Megan McMillan, 2. Shawna Scarlett, 3. Diana Gadwa, 4. Alyssa Fry.

Long Jump - 1. Megan McMillan, 2. Dorielle Richard, 3. Tanya Pankiw, 4. Jelayne Pankiw.

High Jump - 1. Dorielle Richard, 2. Megan McMillan, 3. Cristine Lowe, 4. Alyssa Fry.

Matthew Huffman.

C GIRLS

55 M - 1. Carrie Lawrence, 2. Melanie Johnson, 3. Crystal Faithful.

100 M - 1. Carrie Lawrence, 2. Crystal Faithful, 3. Melanie Johnson, 4. Melissa Bone.

200 M - 1. Carrie Lawrence, 2. Melanie Johnson, 3. Crystal Faithful.

1600 M - 1. Melanie Johnson, 2. Joanne deMoissac, 3. Crystal Faithful, 4. Melissa Bone.

Ball Throw - 1. Joanne deMoissac, 2. Carrie Lawrence, 3. Melissa Bone, 4. Crystal Faithful.

Long Jump - 1. Carrie Lawrence, 2. Carlen Mutch, 3. Crystal Faithful, 4. Joanne deMoissac.

High Jump - no qualifiers.

C BOYS

55 M - 1. Darcy Stafford, 2. Ryan Hammond, 3. Ray Sparklingeyes, 4. Christopher Watson.

100 M - 1. Darcy Stafford, 2. Ryan Hammond, 3. Ray Sparklingeyes, 4. Christopher Watson.

200 M - 1. Darcy Stafford, 2. Ryan Hammond, 3. Ray Sparklingeyes, 4. Christopher Watson.

1600 M - 1. Ray Sparklingeyes, 2. Curtis Croteau, 3. Glen Kulczycki, 4. Darcy Stafford.

Long Jump - 1. Darcy Stafford, 2. Ray Sparklingeyes, 3. Glen Kulczycki, 4. Casper Zarowny.

High Jump - 1. Darcy Stafford, 2. Ray Sparklingeyes, 3. Curtis Croteau, 4. Ryan Hammond.

Ball Throw - 1. Ryan Hammond, 2. Alan Baker, 3. Darcy Stafford, 4. Christopher Watson.



UP, UP AND OVER - High Jumping brings out the peak of athletic prowess at Elk Point Elementary Track Meet. Photo by Wendell Katerenchuk.

Kalynchuk, 2. Kyle Nielsen, 3/4 tie. Aaron West, Kevin Moneta.

S. Broad Jump - 1. Aaron West, 2. Kyle Nielsen, 3. Jason Kalynchuk, 4. Kurt Kozicky.

Ball Throw - 1. Jason Kalynchuk, 2. Aaron West, 3. Kyle Nielsen, 4. Kevin Moneta.

D GIRLS

55 M - 1. Cristine Lowe, 2. Tanya Pankiw, 3. Dorielle Richard, 4. Tasha Yopyk.

100 M - 1. Cristine Lowe, 2. Dorielle Richard, 3. Megan McMillan, 4. Tanya Pankiw.

200 M - 1. Dorielle Richard, 2. Shawna Scarlett, 3. Cristine Lowe, 4. Tasha Yopyk.

1600 M - 1. Megan McMillan, 2. Kali Cousins, 3. Frances Cardinal, 4. Shawna

D BOYS

55 M - 1. Lyndon Krankowsky, 2. Aaron Simon, 3. Steven Salt, 4. Ryan Hahn.

100 M - 1. Aaron Simon, 2. Lyndon Krankowsky, 3. Garrett Poulin, 4. Ryan Hahn.

200 M - Garrett Poulin, 2. Aaron Simon, 3. Carson Mutch, 4. Lyndon Krankowsky.

1600 M - 1. Carson Mutch, 2. Garret Poulin, 3. Ronald Kulczycki, 4. Ryan Hahn.

High Jump - 1. Joey Farebrother, 2. Carson Mutch, 3. Garrett Poulin, 4. Billy Turner.

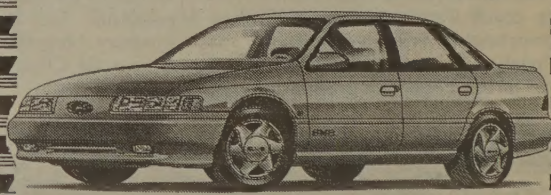
Long Jump - 1. Dean Sereda, 2. Ryan Hahn, 3. Lyndon Krankowsky, 4. Mark Ference.

Ball Throw - 1. Joey Farebrother, 2. Melvin Easthope, 3. Jordan Allen, 4.

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What's News at the Library?

Still lots of used books for summer reading

By Michele Duczek
Librarian

The library book sale on May 27 enjoyed some success and will continue until possibly the end of June (or until I run out of sale items.). There is still a wide selection of books and magazines available and satisfied customers will tell you the prices can't be beat.

A few more items for the summer reading season:

Wilbur Smith went way back in history for *River God*, new in large print. It is set in ancient Egypt and is the sweeping saga of Taita, a slave, who has a dream of restoring the majesty of the Pharaoh on the glittering banks of the Nile. This book is

in two volumes.

Fans of Lillian Jackson Braun's *The Cat Who...* series might want to take a listen of a new book on tape. This collection of six tapes features three *Cat Who...* mysteries, *The Cat Who Moved a Mountain*, *The Cat Who Knew a Cardinal*, and *The Cat Who Wasn't There*. Recent visitors to the library may have heard parts of these tapes as I played them as a change from CBC Radio.

The Canadian Adoption Guide by Judith Wine is an invaluable handbook for those considering adoption as a way to create their family. It is the first book to focus on the Canadian adoption process.

New in the reference section is the *Index to Registration of*

Births, Marriages and Deaths 1870 to 1905, Vol 1 from the Edmonton Branch of the Alberta Genealogical Society. This is a valuable research tool for anyone interested in genealogy and family histories.

Pulitzer-prize-winning columnist Dave Barry has come out with a humorous look at men called *Dave Barry's Complete Guide to Guys*. Subtitled "A Fairly Short Book", it covers everything you ever wanted to know about guys including what constitutes a guy.

Grandparent Power by Arthur Kornhaber gives suggestions on how grandparents can connect with their grandchildren across distances and

despite family differences and shows them how to make the most of the challenges that are particular to grandparents in the nineties.

LIBRARY CALENDAR:

Sunday, July 2 - The Friends of the Library have an evening bingo. Anyone who can work this bingo can sign up at the library.

Friday mornings, 10:30 a.m.

Open House

ALEX & LUCY

SMEREKA

50th Wedding

Anniversary

Saturday, June 17

2:00 pm to 6:00 pm

Flat Lake Hall

No Gifts Please

F. G. Miller bands present Spring Fest '95

By Kelly Oszust

F. G. Miller High School reporter

On Thursday, May 25, the F. G. Miller Junior and Senior High bands held their final concert this semester, the Spring Fest. The event was held in Mural Park and unfortunately, the weather was uncooperative. Even still, parents and other family members ventured out all bundled up in blankets and warm clothing.

The program started out with the Senior High and Grade 9 band playing our national anthem, *O Canada*, followed by three other selections, *Forrest Gump*, *Water Is Wide* and *Georgia*, and to finish off the start of the program, the Senior High band played a powerful number, *The Beach Boys*.

Next in line to play was the Grade 7 band who played *Dragons of Komodo* and *Nana Karu*. For this being their first year in band, the Grade 7s are doing a fantastic job. They have the largest band in the school and many talented musicians.

Following the Grade 7 band

were the Grade 8s who played the popular song by Bette Midler, *From A Distance* as well as another number, *Rock and Roll Hey Song*.

Next it was the Senior High's turn again, they played the well-known songs, *The Pink Panther* and *Everybody Have Fun Tonight*. Chrissie Irla, the star musician of the Pink Panther could not make it to the concert. She was greatly missed.

The Grade 9s made their final appearance playing *Star Trek* and the ever popular song *Chariots of Fire*.

Ending the program was the

Senior High band playing the beautiful number, *The Lion King*. Even though our fingers were freezing holding on to our instruments, we hope you all enjoyed yourselves.

Card of Thanks

FRISBY

On behalf of our families, I would like to thank all our friends and relatives for your kindness and thoughtfulness in sending cards and flowers for my exhusband, father and grandfather, Fred H. Frisby.

A special thanks to the doctors and nurses and the University Hospital. Also thanks to Yewchin's Funeral Chapel and staff for all their help, and to the honorary pallbearers and to the St. Paul Co-op Cafeteria workers for serving coffee and doughnuts. A special thanks to Ed Croteau and staff at the Elk Point Truss Plant and to all who donated to the Heart & Stroke Foundation.

The Frisby families, the Chase family, the Dan Demchuk family.

Card of Thanks

LAURSEN, Marie

We wish to express our heartfelt thanks to all the staff, and Dr. D. Ramful at Park View for the wonderful care, and kindness to Marie Laursen. A special thanks to Yewchin's Funeral Chapel of St. Paul. Thanks also to the ladies at the Senior Centre for the lovely lunch.

For all friends for their memorial donations and floral tributes during the loss of Marie.

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COMMUNITY NEWSLINE

Al-Anon Family Group Meeting, Room 605, Elk Point Municipal Hospital, Wednesday evening at 8:30 p.m.

Alcoholics Anonymous meeting, Wednesday at 8:30 p.m., Room 604, Elk Point Hospital.

Elk Point Farmers Market is held in Elk Point United Church Hall on Fridays from 11 a.m. to 3 p.m.

United Church Rummage Store will be open June 2 and 16, 10 a.m. to 2 p.m.

T.O.P.S. meets every Wednesday, 6 p.m. - 7 p.m., Old Courthouse, west door, Elk Point.

"New To Town" FCSS would like to welcome and familiarize new families with the services and programs available in town. Welcome packages contain a community directory, volunteer directory, coupons, maps and more! Call 724-3800 for more information or drop by 4902 - 51 Street.

Recycle Your Paper - Paper trailer is located at the Universal Bottle Depot - 5214 Railway Ave. We take newspapers, flyers, computer and bond paper. No cardboard boxes, milk or egg cartons, phone books or glossy magazines. Please sort and bundle with string or put in cardboard boxes.

Elk Point Public Library - Mon. - CLOSED; Tues. 10 a.m. to 5 p.m.; Wed. 2 p.m. to 9 p.m.; Thurs. and Fri. 10 a.m. to 5 p.m.; Sat. 11 a.m. to 3 p.m.; Storytime - Fri. at 10:30 a.m. Photocopies. Extended library services and reliable information sources. Public meeting space available to non-profit organizations at no charge. Please call the Elk Point Library for booking at 724-3737.

The Elk Point Legion now meets on the 2nd Tues. of each month at 7:30 p.m. in the Seniors' Centre.

Elk Point Auto Club - meets at the Empress Restaurant, Elk Point, the 2nd Wednesday of each month. More information call: Ed Smith at 724-2527.

Elk Point Olettes regular meeting is the 1st Thursday of the month. For more information, call Fay at 724-2036.

Elk Point & Area "Stop Family Violence" Support Group - meetings are held 2 times a month. For more information call 724-2380, 724-3800 or 645-1950

Adoption Support Krew - meets the 2nd Mon. of every month at Social Services Bldg., St. Paul from 7:30 - 9:30 p.m. For more info call 724-3031.

Many Albertans gamble as a form of recreation. For a small minority, however, gambling becomes a problem. If you or someone you know is experiencing personal, social or financial problems as a result of their gambling, confidential help is available. Call 1-800-665-9676.

CHURCH SERVICES

Elk Point Baptist Church

10:00 a.m. - Sunday School; 11:00 a.m. - Worship Service; Evening Services - Alternately held at the Heritage Lodge and Hospital; Tuesday, 10:00 a.m. - Ladies Bible Study (Child Care provided)

United Church of Canada

Elk Point

CHURCH OFFICE HOURS

Normally - Mornings Tuesday to Saturday;

WORSHIP SERVICES

Sunday - 10:00 a.m. Church Service; 10:00 a.m. Sunday School

Elk Point Christian

Community Church

Railway Ave & 53 St.; Sunday Worship Service - 10:00 a.m.; Sunday School - 10:00 a.m.; Adult Bible Study - Sun. 11:30 a.m. (Child care provided); Youth Group (Fri. Club - Gr. 4, 5 & 6) 2nd & 4th Fri. 7 p.m.; Office hours - Thurs. & Fri. 9 a.m. - 12 noon Rev. Sam Donaldson 724-3353 or 645-2607

Bible Fellowship Church

Clondonald

Services held every

Sunday at 11:00 a.m.

St. Michael's Catholic Church

Sunday Mass 12 p.m.

Bethel Lutheran Church

of Lea Park

Sunday Worship Services, 10:30 a.m.

St. Vladimir's Ukrainian

Orthodox Church Elk Point

For service times, call 645-5156, St. Paul or 724-4351, Elk Point.

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1 AUCTION

BUY OR SELL with the auction professionals. For quality service with the highest returns, contact your local Auctioneers Association of Alberta Member. 4-26

UNCLAIMED VEHICLE AUCTION of 200 cars/trucks/motorcycles, June 17/95, 10:00 a.m. Police Vehicle Storage Compound, 12230-124 Ave., Edmonton. 451-0141. Viewing June 15 and 16/95, 10 a.m. - 7 p.m. 1-23

ANTIQUE AUCTION remainder Marie Sauter Estate, Sun., June 11, 12 Noon, Lacombe, AB, Memorial Centre. Victorian, Edwardian, Canadiana. Donna's Auction Service, phone 1-403-782-2473. 1-23

UNRESERVED truck and equipment auction, June 19, 1995, 8 a.m. Selling on behalf of AGT Limited, The City of Calgary, Kleyson Transport and other consignors. '94 Cat 416B 4 X 4 backhoe; (2) Cat 245 Excavators; (6) '91 Kenworth T600 T/A tractors; graders; wheel loaders; gravel and tank trucks; light trucks; trailers, etc. For further information please call: CPA - Canadian Public Auction Ltd. 403-269-6600. 1-23

2 AUTO

FOR SALE - 1987 Plymouth Voyager. 7 seater, V6, auto., fully loaded, tinted windows. \$5,000. Phone 635-2259. Jun6

1990 TEMPO GL - One owner, 4-cyl., auto., air, fully loaded, new tires, brakes, windshield, excellent condition. Ph. 724-2827 or 645-0142. Jun6

1976 CHEV. 1/2-TON - Propane powered. 210 litre tank. Asking \$700 obo. Phone 724-2585. Jun6

FOR SALE - 1992 Toyota Tercel, automatic, very low mileage, silver in color. Phone 645-3903. Jun6

FOR SALE - White 1988 Cadillac D'Elegance, mint condition, loaded. \$11,500 obo. Phone 645-2488. Jun13

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IF YOU would like to establish a part-time or full-time home based business and become a part of a health oriented highly successful Canadian company, please call 403-439-1207. 1-23

ATTENTION all graphic artists - Alberta Women's Enterprise Initiative is looking for submissions for an exciting, innovative logo. Deadline June 19/95. Winner will receive provincial recognition and \$500. cash. Information packages available from Debbie Wegner, 403-778-8698, or write: Box 566, Whitecourt, AB, T7N 1N6. 1-23

INDEPENDENT DEALERS NEEDED in rural areas by reputable computer company to promote products, provide training and support. \$5,000. or less for your demo equipment and training. IMS, Box 842, Red Deer, AB, T4N 5H2. 1-23

LAND DEVELOPERS and builders - manufactured housing plant looking for people to handle quality line of factory built homes. With manufactured housing, you can be from raw land to market in 6 weeks with superior product. Noble Homes 403-447-2333 William Macauley. 1-23

SMALL MOTEL and campground on two acres. 200 feet highway frontage, ideal location for restaurant. Recently renovated. Highway 43 North. Suitable for retired couple. 403-524-4178. 1-23

MAJOR CANADIAN FINANCIAL firm is seeking to hire agents with previous financial background or related experience in your local areas. Further information call Don/Brian 403-269-2900. 1-23

OWN YOUR OWN home business for \$50. (refundable). For details write: Alberta Specialty Merchandise Company, 70 Lakewood Village, Edmonton, AB, T6K 2B3 or phone 403-462-6054. 1-23

GOVERNMENT ASSISTANCE programs. Government aid, assistance, grants and loans money available. For your new or existing business. Call 1-800-505-8866. 1-23

6 EMPLOYMENT OPPORTUNITIES

MAPPING CO. - Requires 5 people to aid in completing a map and atlas of the County of St. Paul and the M.D. of Bonnyville. No experience necessary. Training provided. 403-272-2559. Jun20

MAPPING CO. - Requires 5 people to aid in completing a map and atlas of the M.D. of Bonnyville. No experience necessary. Training provided. 403-272-2559. Jun20

ALASKA SUMMER JOB! - Up to Thirty Thousand dollars fishing the 3-month Salmon Season. Act now! Season opens soon. Also construction, canneries, oilfields! Call 1-601-799-0962 Ext. S 672. 24 hours. Jun13

INTERNATIONAL SCHOOL of Auctioneering, Canada's oldest established auction school. Learn to be professional auctioneer from some of the best in the business. Join us! Olds College Campus. Next class June 19/95. 1-800-467-7578. Free brochure. 3-23

FARM EQUIPMENT DEALERSHIP requires partsmen, salesmen, licensed heavy duty mechanics. New Holland experience preferred. Vanee Farm Centre, 510 - 36 St. N., Lethbridge, AB, T1H 5H6. Attention: Hank. 1-23

6 EMPLOYMENT OPPORTUNITIES

G.M. TECHNICIANS required for rural General Motors dealer, in brand new facility, by June 15. Salary based on experience and training. Phone or write to: Rick Slezak, Slezak Pontiac Buick GMC Ltd., Box 1927, Drumheller, AB, T0J 0Y0 or 1-403-823-6177. Must have high regard for General Motors CSI. 4-26

SALESPERSON NEEDED to sell toys, gifts, home decor for C & M Gifts. Two full colour catalogues. Exclusive items, low prices, no investment. Call 519-258-7905, fax 519-258-0707. 4-26

MAINTENANCE DEPARTMENT Head required. 120 room full service hotel. Successful candidate must have: broad knowledge of building maintenance/general repair, experience in minor electrical, mechanical, small motor repair, working knowledge of HVAC and refrigeration, basic carpentry skills, self motivation, well organized. Competitive salary and benefits. Contact: Maintenance, P.O. Box 1977, Jasper, AB, T0E 1E0. 2-23

NEVER ENOUGH MONEY to go around? Take control your own income! Run your own business full-time or part-time. A position of prestige. Affordable designer silk clothing with Canadian owned company. Head office Calgary. Training and support. Call Corsini Fashion 1-800-567-5760. 1-23

WANTED IMMEDIATELY for Northern Alberta Lodge/Campground. Cook/Chamber maid for summer months. Could be year round for right person. Call 403-554-3548. 1-23

F.S.B. requires coach for 95/96 season. 6th figure, gold dances, Jr. silver freestyle. Two other clubs within one hour also require coach. Call Martina, 1-403-835-2946. 1-23

SOUTHERN ALBERTA John Deere dealership requires aggressive parts person. Experience preferred. Send resume to: Ranchers' Supply 2000 Ltd., Box 1720, Pincher Creek, AB, T0K 1W0. Fax 403-627-2276. 1-23

OPERATIONS SUPERVISOR. Ste. Anne Natural Gas Co-op Ltd., a rural natural gas distributor, requires an Operations Supervisor to oversee the various operational aspects of its business. The successful applicant will have strong communication and supervisory skills and possess a knowledge of the rural gas distribution systems installation and maintenance. Experience in the gasfitting field with regard to installation and related equipment would be an asset. Salary range is \$34,000. - \$46,000./annum. Resumes will be accepted until 4:30 p.m., June 16, 1995. The position will commence Aug. 1, 1995. Please reply to: Ste. Anne Natural Gas Co-op Ltd., Box 600, Onoway, AB, T0E 1V0. Phone 403-967-2246. Toll free 1-800-290-5491. Fax 403-967-3000. Attention: General Manager. 1-23

G.M. TECHNICIANS required. Stetson Motors in Drayton Valley requires a G.M. trained journeyman technician to operate our new hunter aligner. Any GM trained technicians may apply. Special allowances will be given to technicians with G.M. training. Competitive wages & benefit package. Contact Murray Caldwell, 403-542-5391, collect. 1-23

7 ENTERTAINMENT & EVENTS

CATTLEMAN: Alberta Angus Tour, June 17 and 18, Stettler, Bashaw, Hardisty, New Norway, Blackfalds areas. Free food and refreshments. Bus transportation available. Phone 403-742-3904 for information. 1-23

FORMER ECKVILLE and area residents. Come celebrate Eckville's 75th anniversary, June 28 - July 1, 1996. For information contact: Town of Eckville, Box 578, Eckville, AB, T0M 0X0. 403-746-2171. 1-23

8 FEED & SEED

FOR SALE - Alfalfa Seed Common #1, locally grown, 96% germination. 1993 Honda TRX 300 quad, like new. Call Roger 645-2381. Jun6

ALFALFA SEED - Tap root and creeping root varieties, locally grown, 93% germ. Can supply all other grass seeds and inoculants. Raymond Phillips at 366-3982 Beauvallon. Jun6

ALFALFA SEED - Locally grown. High quality Com. #1 Tap or Creeping varieties. \$1.70/lb., available inoculated. Smooth Brome \$1.50/lb. Meadow Brome \$1.75/lb. Les Yaremchuk, Myrnam 366-2105. Jun6

HAY - Mixed Timothy Alfalfa / Brome Alfalfa, also Alfalfa. 4-wheel drive John Deere 7020. Phone 645-2274. xxx

9 FOR RENT

FOR RENT - 2 bedroom house in Elk Point. Garage. References required. Phone 724-2394. Jun13

LOVELY WELL KEPT farm home overlooking Derwent Village. \$300. Call 466-5263. xxx

3 BEDROOM HOUSE in Central Elk Point, includes utilities, \$500.00. Phone 1-435-1481. xxx

10 FOR SALE

FOR SALE - 1 Deblers compressor, 80 lbs. pressure. 1 air dryer and control box. Phone 724-3623 after 6:00 p.m. Jun13

1979 FLEETWOOD MOBILE HOME - 14'x70', 2 baths, 3 appliances, asphalt shingles, 8'x12' porch, comes with wheels & axles. Well kept. \$18,500 obo. Ph. 645-3568. Jun13

HOUSE TO BE MOVED - 2 bedrooms, living room, kitchen, bathroom, ideal for cabin. \$10,000 obo. 647-2198. Jun27

SAWMILL \$4895. Saw lumber to any size. Large capacity. Low-cost shipping anywhere. Free information. Silvacraft Sawmills, 6625 Ordan Dr., Unit B-2, Mississauga, ON, L5T 1X2. 1-800-578-1363. 4-26

COMMERCIAL/AGRICULTURAL woodframe metal clad straightwall buildings. Lowest prices. Prompt service. Trouble free construction anywhere. Engineering and design available. Apex Building Systems, Calgary 1-800-679-APEX(2739). 4-23

SEND \$2. for our mail order catalogue (credited to first order) special, unique, gifts. Galleria Arts & Crafts, 1141 Kensington Rd. N.W., Calgary, AB, T2N 3P4. 2-24

YAMAHA, E-Z-GO, Club Car, golf cars. Gas, electric, new, used, reconditioned. Sales, service, warranty. Trades welcome. Calgary 403-279-2907, Edmonton 403-469-2332. 1-23

BUILDINGS FROM FUTURE - Q20 X 50 or S20 X 38 or A20 X 36, \$5975.; Q25 X 34 or S25 X 28 or A25 X 24, \$5230.; Q30 X 44 or S30 X40 or A30 X 38, \$7626., including ends, sliding doors, GST and freight to Edmonton or Calgary. 1-800-668-5111. 1-23

32' X 48' X 12' FARM SHOP, straight wall, galvalume cladding \$6,490. Colored cladding, doors, windows, labor and freight extra. Mastercraft Building Systems Ltd. 1-800-432-1836, Calgary 403-269-4117. 1-23

16 WIDES, doubles, bungalows and bi-levels, custom built to your design. Quality and value with a 5 year warranty. Best price guaranteed. Pleasant Homes, 403-962-0238. 13-26

CENTRAL ALBERTA Custom Homes. 1995, single, double - sectional homes. Many different kitchen plans. 5 year warranty. Your #1 dealer. Hiway 2 South, next to Woody's R.V. 403-347-5566. 1-23

Classified Deadline
12 Noon Friday

LAKELAND MARKETPLACE COMBINATION CLASSIFIEDS

Your classified ad can be read in over 20,000 papers.
Select your classified readership for as little as \$3.00 / week.

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YOU AND THE CLASSIFIEDS
GET YOU WHERE YOU WANT TO GO

CLASSIFIED AD RATES

St. Paul Journal / Two Hills County Journal

Tuesdays - \$4.00 per week + G.S.T.

Elk Point Review

Tuesdays - \$3.00 per week + G.S.T.

Grand Centre Sun

Tuesdays - \$3.00 per week + G.S.T.

Bonnyville Nouvelle

Tuesdays - \$3.00 per week + G.S.T.

Combination of all papers - \$12.00 / Week

(20 cents per word per newspaper insert over 25 words)

Corrections - The publisher will be responsible for only one insertion as a correction. It is the responsibility of the purchaser of the classified ad to check their ad after the first publication and let us know if there is a mistake before the next insertion is printed. The publisher will not be responsible for errors in classified ads that have been phoned.

Place your order at either of our offices:

St. Paul Journal - 645-3342

Elk Point Review - 724-4087

■ Lakeland Marketplace

■ Lakeland Marketplace

■ Lakeland Marketplace

■ Lakeland Marketplace

10 FOR SALE

\$39,900. BRAND NEW 3 bedroom, 2 bathroom home with fridge, stove, coverings, gas water heater, 2 X 6 construction, storm doors. Limited offer. Commonwealth Homes, Red Deer, 1-800-341-6675. 1-23

WIN A \$55,000. Manufactured Home! A trip to the Camrose Big Valley Jam-boree! Enter at Ridgewood Homes: Edmonton 403-470-5660; Calgary 403-571-1515; Red Deer 403-350-3131, collect. 1-23

IT'S TIME to move up, way up. Unique two storey Cape Cod style homes now available. Explore the possibilities. Trades welcome! Noble Homes, call collect 403-447-2333. 1-23

JANDEL HOMES - Edmonton's largest selection of 16' wides, doubles, modulars. New 3 bedroom, appliances, cathedral ceilings, large country kitchen, delivery, 5 year warranty. \$38,900. 1-403-478-1404, 1-800-463-0084. 1-23

13 LIVESTOCK

MURRAY GREY YEARLING - Docile, 70-lb. birth weight, easy calving. Shamrock Murray Greys, Lee Wruth. 724-2418. Jun6

HORSE TRAINING - Now accepting horses for training. 20 years experience. Reining, roping and ranch horses. Phone Maynard Swedgan 724-2393. Jun20

FOR SALE - Charolais and Tarentaise Yearling and 2-year-old bulls. Red and white. Horned and Polled. Phone Gold in Boulders Farms 726-2579. Jun13

TWO HORNED PUREBRED YEARLING SALER BULLS - Semen tested, ready to go. Phone evenings 724-2156. Jun13

FOR SALE - Leopard Appaloosa mare with stud colt at foot. Good riding horse. Phone 636-2390. Jun6

READY TO SHOW DRESSAGE, JUMPING AND PLEASURE - Flashy 16.2HH TB Gelding English HiPoint Champion, 1st show in '95. Well-broke no vices. \$2500 obo. Ph. (306) 285-3580 Lashburn. Jun6

THOROUGHbred & QUARTER HORSE BROOD MARES - 2 to 12 years old, some with foals at side sired by 16 hand registered quarter horse buckskin. 724-2502. Jun6

BLACK ANGUS BULLS - Good selection of yearlings, one two year old. There are several real heifer type bulls with low birth weights. Semen-tested, free delivery. Phone Duane at 403-847-2395 or 2175, Marwayne. Jun6

FOR SALE - Range cows and calves. Phone 632-7547. xxx

POLLED HEREFORD BULLS - Excellent quality, reasonable prices, the Lakeland's preferred choice. Select now! Free delivery when required. Phone 726-2195, Upham Farms Ltd. xxx

SALER BULLS - Purebred and percentage, yearling and 2-year-old, horned and polled, vet evaluation of semen soundness. Saler bred cows. Free delivery. Scattered Spruce Sales, 768-2284. Jun6

BULLS - For sale or rent. All breeds available. Phone 632-2139. xxx

2-YEAR-OLD - And Yearling Fullblood and Purebred Limousin bulls. Also several black polled yearling bulls. Phone Geneva Lake Limousin, evenings, 763-2401. Jun27

FOR SALE - Registered Polled Hereford Yearling bulls. Semen tested. Halter broke. Will deliver. Also registered Yearling heifers. NCX Polled Herefords. Phone 657-2270. Jun6

FULLBLOOD LIMOUSIN BULLS - Easy calving. 2-year-olds and 1-year-old, also 16' hitch horse trailer, 2 years old, like new, spare, mats. 645-6933. xxx

13 LIVESTOCK

E-Z CALVING - High performance, Charolais yearling and two-year-old bulls. Also bred and open heifers. Creedence Charolais Ranch, Ervin Zayak, Derwent, 741-3868 or 741-2222. xxx

OSTRICH, Blacks, two Capefeather trios. Excellent production - 120 eggs already laid, 1995 season!! Now selling 1995 chicks. Vanten Farms Ltd. Julie 403-782-5710 or Femmie 403-346-5799. 2-23

14 LOST

LOST - Small black camera bag containing survey equipment. South and west of Elk Point. \$100 REWARD OFFERED. Call Glen 403-882-2372 or Craig, Hilltop Motor Inn 724-4001.

15 MACHINERY

FOR SALE - 18-ft. swather header with hay conditioner, fits J.D. 2360, MF 885, etc. Will sell conditioner separate. Phone 847-2494, Marwayne. Jun27

MOVING SALE - 514 Hesston, done only 2000 bales; 6400 White S.P. haybine, 540 hrs.; Westfield 7"x41" auger, next new. Lots of miscellaneous. 1-403-657-2004. Jun6

FOR SALE - Massey Ferguson 12 h.p. lawn tractor, 42" mower, snowblade - tire chains, excellent condition. \$1600. 645-2402. Jun6

FOR SALE - 20' IHC deep tillage cultivator c/w new tine harrows, \$3500; 54' sprayer, fiberglass tank, new pump, ss tips, \$1500; older 1000 US gallons honey wagon, \$500; 300 bushel galvanized grain hopper, \$750. Phone 724-2519. Jun6

1979 INTERNATIONAL TANDEM TRUCK - With Renn gravel box. Asking \$15,000 obo. 847-2198. Jun27

16 MISCELLANEOUS

1000 GALLON FIBERGLASS - With tank, \$500.00. Ph. 645-3432 or 645-4604. Jun6

BORED! Planning vacation? Handy pocket calendar with 500+ Alberta events, descriptions and contacts. \$7. (includes GST) or information: SCR, Box 3134, Fort Saskatchewan, AB, T8L 2T1. 4-23

FOR SALE - Edged 1st cut spruce slabs. \$100. per bundle. Volume discounts. Phone 403-623-2930, Lac La Biche. 2-24

A BETTER deal for smokers! And it's legal! Mail order products. Provincially regulated. The Soot Shoppe, P.O. Box 544, Kenora, ON, P9N 3X5. 1-800-349-1882, fax 1-807-468-5946. 2-24

TRADITIONAL TIMBER FRAMING in Okotoks. Learn how to cut, raise a bent - system frame, enclose it with energy - efficient, stress - skin panels. July 19 - Aug. 3. \$428. 403-938-3204. 1-23

18 PERSONAL

HEAVENLY PSYCHIC ANSWERS. Call your psychic friend at 1-900-451-3783. Live 1 on 1, 24 hours, \$2.99 per minute. 18+. "Better Living" is "Through Awareness". 4-24

SAFE, SEX, by calling the National Dateline. Messages left by other singles looking for love. Call 1-900-451-3286 ext 105. \$2.95 per minute. 18+ only. Touchtones only. Infoservice Studio City, California. 213-993-3366. 2-24

ARE YOU LONELY? Are you bored? Don't wait, find a mate. 1-900-451-3286 ext. 262. \$2.99/minute, 18+ only. Touch tones only. Infoservice, Studio City, CA, 213-993-3366. 2-24

NEW COLORS, COM-PACTS & PRODUCTS - With Alpha Hydroxy. Call now for your complimentary Mary Kay facial or brochure. Donna 724-3373.

18 PERSONAL

DIAL YOUR DESTINY! Tarot, astrology, dreams, tough decisions. Call our psychics. They know! They're waiting. 1-900-451-3297, ext. 307. \$3.99 minute. 18+. Touchtone. Infoservice, Studio City, CA, 213-993-3366. 1-23

ALBERTA 900 DATELINE. Great dates! Alberta girls and guys, voice personals. Call 1-900-451-3099, Ext. 489. 18+. Touch tone. \$3.29/min. Canada 900. 702-593-0303. 1-23

LUCKY STARS. Love, money, success. Call our live personal psychic to look into your future. 1-900-451-3004, ext. 597. \$3.98 per minute, 18+ years. 1-23

CAMELOT INTRODUCTIONS - Professional matchmakers with attractive, successful singles all over Alberta. We specialize in rural areas. Low cost, completely confidential! 1-204-467-9634. Box 137, Rosser, MB, R0H 1E0. 1-23

20 REAL ESTATE

LAND FOR SALE - St. Brides area, 275 acres cultivated, 1400 sq. ft. older, well kept 3 bedroom home, garage, some other buildings. Phone 645-2461. Jun20

FOR SALE - NW-30-53-10-W4 - 4 miles south of Morecambe on #870 - 150 acres in hay. Sacrifice at \$29,000.00. 1-403-657-2004. Jun6

FORECLOSURE SALE - Dairy farm near Bittern Lake, half mile from Highway 13. Appraised for \$365,000. - selling for only \$238,000. 25% down. Offers. Phone 403-487-6013. 4-23

TAX RECOVERY SALE: Prime highway commercial property, 165' x 99', on highway #3 immediately across from famous Fort Museum. Bids accepted by Town of Fort Macleod until 12:00 Noon, June 26, 1995. Call 403-553-4425 (fax 403-553-2426) for more information. 1-23

GOT A CAMPGROUND membership or timeshare? We'll take it! America's largest and oldest resale clearinghouse. Call toll free Resort Sales International at 1-800-423-5967. Also timeshare rentals needed. Call 24 hours a day. 1-23

21 RECREATIONAL

FOR SALE - 1977 Layton 23-ft. tandem travel trailer, fully self-contained. Sleeps 6, 3-piece bath, awning, in good condition. Phone 645-2705. Jun6

1973 BOLER TRAILER - Good condition, clean. Good rubber and spare. Stove, furnace, ice box, port-a-potti, mirrors. \$1,800 firm. 645-5417. Jun6

FOR SALE - 8-ft. truck camper, fridge, stove, furnace, hydraulic jacks. Phone 726-2329. Jun13

31-FT. TRAVEL QUEEN MOTORHOME - All fiberglass body. Roof air, awning, generator, etc., low mileage, 1979 model. Reduced to \$12,000. 645-2398 mornings or evenings. Jun6

MUST SELL - MOVING! - 1976 Aljo 21-1/2-ft. full load travel trailer, full awning, excellent condition in and out, tandem. One owner. \$4395.00. Phone 992-3289. Jun6

1981 DODGE TRAVEL CRUISER - 23', 440 motor, dash air, sleeps six, 26,000 original miles, very good shape. \$18,000 firm. Phone Metro Rybak at 657-2481 Two Hills. Jun13

BOAT - 19-1/2' EX EL Deep V, OMC, 140 h.p. inboard and trailer. Used less than 100 hrs. \$6,900. Ph. 645-5016 evenings. Jun13

1978 WINNEBAGO SPORTSMAN'S DEN 25' MOTORHOME - 350 Chev., generator, roof & dash air, 41,000 miles. Rare find. 1989 DT 50 Yamaha dual purpose motorcycle. 635-3813. Jun6

21 RECREATIONAL

FOR SALE - 8' Rustler Truck Camper. Fridge, stove, furnace, hydraulic jacks. Good condition. Call 724-2057 after 6:00 p.m. xxx

FOR SALE
Electric Harley Davidson
Golf Car
Phone 724-2223

22 SERVICES

TIRED OF YARD WORK - Going on holidays! Worry no more we can help with lawn mowing, yard maintenance, cleanup and rototilling. Reasonable rates. 645-6801. Jun27

FOR HIRE - Carpenter, 8 years experience, comes with all air tools. Phone 724-2393. Jun13

NEW TO AREA! - Silver's Construction, Residential, Commercial, New Construction and Renovations. Reliability and customer satisfaction is our business! Call Dale or Lori Field at 726-3035. Jly25

22 SERVICES

CRIMINAL RECORD? Canadian pardon seals record. U.S. waiver. Removes risk of arrest and deportation. Immigration information for travel, employment, business opportunities - CPLC hot line (403)229-1200. 1-23

24 TRAVEL

PENDER ISLAND in the beautiful Gulf Islands B.C. A 100 acre farm offers secluded cottages with trout lake, crops, meadows, forests and wildlife. Get pampered with old fashioned meals and charm. Priced from \$120./person/night including meals. Reservations 1-800-626-5955. 4-23

Employment Opportunity
Part-Time
Front Desk Clerk
Apply in Person
Fort George Motel

Pioneer Circle Bingo

May 29, 1995

Jackie Heagy \$37, Mike Zazulak \$15, Sam Barstad \$15, Henry Alotte \$30, Walter Yaremkevich \$10, Sherry Pelech \$10, Stella Lorenson \$10, Arlene Bochon \$15, Darcy Riley \$30, Mrs Bepalko \$15, Ed Bochon \$30, Chris Bugera \$30, Margaret Gladue \$30, Rose Bugera \$30, Dalysse Osguthorpe \$30, Carolyn Shankowski \$30, Ann Stuparyk \$30, Lil Sass \$30, Lyn Lundgren \$60, Helga Vaughan \$24, Sam Barstad \$59, Rose Bugera \$12, Sherry Pelech \$12, Barbara Milholland \$12, John Pankratow \$25, Christa Mildener \$25, Sam Barstad \$92, Olga Dembicki \$37, Hazel Hannah \$37, Arlene Bochon \$37, Sherry Pelech \$37, Sophie Crites \$200,

PUBLIC NOTICE

ENVIRONMENTAL PROTECTION & ENHANCEMENT ACT NOTICE OF DECISION

On May 25, 1995, and in accordance with the Environmental Protection and Enhancement Act, Texaco Canada Petroleum Inc. was issued Exploration Approval No. OSE950001 by Alberta Environmental Protection. The Exploration Approval was issued for a five year period to secure oil sands samples and is located on SE & NW Sec. 23, SE & NW Sec. 24, SE Sec. 26, Twp. 56, Rge. 2, W4M.

Any person who is directly affected by the approved operation may submit a notice of objection to The Environmental Appeal Board, Attention: Mr. Al Anderson, Executive Director, #400 Alberta Treasury Branches Plaza, 9925-109 Street, Edmonton, Alberta, T5K 2J8. A notice of objection must be submitted within 30 days of this notice. Please quote Application No. RS18007.

Copies of the application and Approval may be obtained from Mr. John Land, Senior Landman, Texaco Canada Petroleum Inc., 3100 - 150 6th Avenue SW, Calgary, AB., T2P 2M5, Telephone (403) 234-2928, Fax (403) 234-2988.

Elk Point 4-H - 30 years of Achievement Days

Elk Point 4-H MultiClub's 1995 achievement day marked not only a day for the members to exhibit the results of their hard work during the year, but also for the club to celebrate thirty years of achievement.

This year, the achievements were not all in the show ring. A table filled with carefully created sewing and crafts showed the result of work skilfully guided by leaders Cheri Lindquist and Tracy Harper and assistants Hildegunde Naber and Marlene Ryks. First place in the Crafts division was won by Janelle Ryks and second by April Gusnowski, while in the Sewing section, Erin Bintz placed first and Marcy Bintz placed second. The Crafts and Sewing were judged by Olga Ockerman and Gwen Nelson.

The Beef Show conformation classes were judged by John Wolfe, while Jennifer Wirsta judged Grooming and Showmanship. Kevin Wirsta was the ringmaster.

All beef project members participated in grooming and showmanship, with Senior Grooming, sponsored by Elk Point Insurance, going to Robyn Danyluk, and the Junior Grooming, sponsored by Home Town Grocers, won by Kelly Orr. Senior Kyle Bintz and Junior Amanda Wirsta were presented with the Clayton Orr Memorial halters in Showmanship.

All beef members also participated in Judging, with the Lloydminster Heavy Crude award going to Tim Havener in the Senior division (runner up, James Babenek) and the Phil's Home Hardware award going to Taralee Babenek (runner up, Peter Danyluk) in the Junior section.

A very interesting Open Showmanship Class was also held, with Millie Orr placing first and Lang Ellison second in the Business Persons Novice competition, and Kevin Wirsta, first and Chris Havener, second in the very large 4-H Alumni section.

Robyn Danyluk showed the Grand Champion in the Steer Class, receiving the Elk Point Co-op banner, while James Babenek took home the Reserve Champion banner from Lakeland Meat Processors.

Robyn's steer also won the Rate of Gain award from UGG and BerAnne Feeds, with the runner-up prize going to Peter Danyluk.

Tim Havener made a clean sweep with his heifer and cow-calf pair in the females competition, winning the Grand Champion Heifer, sponsored by Wozniak Bulk Sales, the Cow-Calf Class sponsored by Toronto Dominion Bank, the Supreme Champion Female banner from Lazy H Simmentals, and the Herd Class award sponsored by George and Diana Anderson.

Peter Danyluk was also a multiple winner, taking the Reserve Champion Cow Calf award from CJ Petroleum, the Reserve Supreme Champion banner from Banana Hill Farms and the Reserve Champion Herd award from L7R Limousins.

Amanda Wirsta showed the Reserve Champion Heifer for the Lakeland Tire award.

A special award from the North East Alberta Beef Breeders went to Bruce Smith.



HAVENER SWEEPS HEIFER SHOW - Tim Havener's yearling heifer and cow-calf pair earned him a truckload of trophies at Saturday's show. He is shown accepting the Herd Class trophy from conformation judge John Wolfe, while David Yuschyshyn and Kelly Orr help with the showing. The animals won the Heifer and Cow/Calf classes and the Supreme Champion Female class before combining to win the Herd Class.



JUNIOR GROOMING WINNER - Kelly Orr accepted the Home Town Grocers trophy from Heifer Project leader Trent Davie, while judge Jennifer Wirsta adds her congratulations. Sorry - due to malfunctioning equipment, we are short of 4-H photos this week.



RESERVE CHAMPION HEIFER - was shown by Amanda Wirsta, who accepted the Lakeland Tire award from Millie Orr. Judge John Wolfe added his congratulations.

MAKE AN EDUCATED
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St. Paul Education Regional Division #1

SECRETARY

Required for
Poundmaker's School

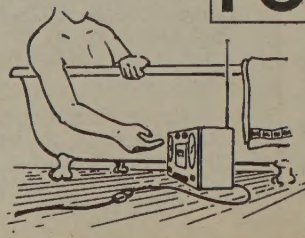
A secretary is required for the Education Program at Poundmaker's Adolescent Treatment Centre to commence July 17, 1995. Applicants require expertise in budget tracking and processing, office management, computer literacy (MacIntosh), typing, filing, receptionist, library skills, etc. The successful candidate requires the knowledge and ability to work with Native students in a Native environment.

Complete resumes, including references, should be forwarded by June 11, 1995 to:

Mrs. Patricia Makokis, Principal
Poundmaker's Adolescent Treatment Centre
4637-45 Street, St. Paul, AB., T0A 3A3
Telephone: 403-645-1855; Fax: 403-645-2000

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An ATCO Company